



**IIMT**  
**UNIVERSITY**  
Transforming Education System, Transforming Lives

# ANNUAL REPORT

## 2021-2022

*Department of Physical Education*



## Table of Contents

S. No	Event	Date	SE	Page #
1	All India Inter-University Roll Ball Championship	14-16 Jul, 2022	145	02
2	International Day of Yoga	21 Jun, 2022	300	14
3	Kabaddi Tournament	22-23 Apr, 2022	84	27
4	All India Inter-University Powerlifting Championship (Women)	16-19 Apr, 2022	02	39
5	All India Inter-University Judo Championship (Men)	25-27 Mar, 2022	03	40
6	Sports Fest -ADAMYA	23-25 Mar, 2022	1200	41
7	All India Inter-University Taekwondo Championship (Men)	21-24 Mar, 2022	04	89
8	All India Inter-University Weightlifting Championship (Men)	08-12 Mar, 2022	02	90
9	3x3 Basketball Tournament	06 Mar, 2022	55	91
10	All India Inter-University Athletics Championship (Men)	04-07Jan, 2022	23	94
11	North Zone Inter-University Kabaddi Championship (Women)	03-06 Jan, 2022	12	96
12	North Zone Inter-University Table Tennis Championship (Men)	30 Dec -01 Jan, 2022	05	98
13	North Zone Inter-University Basketball Championship (Women)	30 Dec -02 Jan, 2022	11	99
14	North Zone Inter-University Boxing Championship (Men)	25 Dec -01 Jan, 2022	07	101
15	All India Inter-University Yogasana Championship (Men & Women)	25-28 Dec, 2021	12	108
16	North Zone Inter-University Football Championship (Men)	23-30 Dec, 2021	17	110
17	North Zone Inter-University Volleyball Championship (Women)	18-22 Dec, 2021	12	112
18	North Zone Inter-University Boxing Championship (Women)	17- 22 Dec, 2021	03	121
19	North Zone Inter-University Basketball Championship (Men)	15 Dec, 2021	12	126
20	North Zone Inter-University Volleyball Championship (Men)	12-16 Dec, 2021	12	128
21	Under 19 Basketball Tournament	11-12 Dec, 2021	100	130
22	Fitness Ki Dose Adha Ghanta Roz	07-31 Aug, 2021	200	135

Note: SE= Student Engagement



## All India Inter-University Roll Ball Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Roll Ball Championship (Men & Women)
<b>Event Date</b>	14-16 Jul, 2022
<b>Number of Days</b>	03
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	145

### About the Event:

IIMT University hosted the All India Inter-University Championship for men and women on its premises, situated at O Pocket, Ganga Nagar, Meerut Uttar Pradesh. The event was held from 14<sup>th</sup> to 16<sup>th</sup> of July 2022. In this championship a total 145 participants from thirteen teams participated wherein nine teams were in men's category and four teams were in women's category.

In men's category **Chandigarh University Mohali - Punjab, Savitri Bai Phule University Pune - Maharashtra** and **University of Kerela** secured the first, second and third positions respectively.

In women's category **Savitri Bai Phule University Pune - Maharashtra, IIMT University Meerut,** and **Chandigarh University Mohali - Punjab** secured the first, second and third positions respectively.

The results are also provided in the table below:

S. No.	Name of team	Position
<b>Men's Category</b>		
1	Chandigarh University Mohali, Punjab	1 <sup>st</sup> – Gold Medal
2	Savitri Bai Phule University Pune, Maharashtra	2 <sup>nd</sup> – Silver Medal
3	University of Kerela	3 <sup>rd</sup> – Bronze Medal
<b>Women's Category</b>		
1	Savitri Bai Phule University Pune, Maharashtra	1 <sup>st</sup> – Gold Medal
2	<b>IIMT University Meerut</b>	2 <sup>nd</sup> – Silver Medal
3	Chandigarh University Mohali, Punjab	3 <sup>rd</sup> – Bronze Medal



### List of participating teams - Men

S. No.	Team Name
1	Bharit Vidyapeeth (Deemed To Be University), Pune
2	Tantia University, Sri Ganganagar (Raj.)
3	University of Rajasthan, Jaipur
4	Anna University, Chennai
5	Karpagam Academy of Higher Educaiton, Coimbatore, Tamilnadu
6	Savitribai Phule Puneuniversity, Pune
7	Mhatma Gandhi University, Kottayam
8	Chandigarh University, Mohali
9	University Kerala

### List of participating teams - Women

S. No.	Team Name
1	Savitribai Phule Pune University, Pune
2	Mhatma Gandhi University, Kottayam
3	Chandigarh University, Mohali
4	IIMT University, Meerut

### Team IIMT University - Women

S. No.	Name	Father's Name	Course
1	PREKSHA	MR. CHANDRA SHEKHAR	BPES
2	DEESHU CHAUDHARY	MR. DARSHAN KUMAR	BPES
3	SINDU	MR. BAJRANGI	BPES
4	TRAPTI TYAGI	MR. PANKAJ TYAGI	BPES
5	SANSKRITI	PREN NARAYAN SRIVASTAVA	BPES
6	ISHIKA SHARMA	MR. SANJAY SHARMA	BCOM (H)
7	JAGRITY SUMAN	MR. ARJUN PRASAD	BPES
8	ANJALI	MR. AMAN SINGH	BPES
9	SADHANA PATHAK	MR. RAMANAND PATHAK	BSC
10	DIVYA	MR. GOVIND SINGH	BPES
11	ZOYA	MOHD. FARMUDDIN	BSC
12	PRAKRITI TYAGI	MR. PRAMOD TYAGI	BTECH



### **Outcomes:**

It was a great experience of conducting All India Inter-University championship for men and women. We hosted 13 teams from both men and women categories with a total number of 145 players from different parts of the country.

### **Closing remarks-description:**

Universities should come forward to promote such sports so that students can get opportunity to participate at Inter-University and National level.

### **Appendix (includes photographs, brochure):**







































## International Day of Yoga

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	International Day of Yoga
<b>Event Date</b>	21 Jun, 2022
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	300

### **About the Event:**

The International Day of Yoga was celebrated at IIMT University on the 21<sup>st</sup> of June 2022. A central event - 'Mass Yoga Demonstration' based on Common Yoga Protocol (CYP) was organized at the University Main Ground, and saw large participation from staff, students, and faculty of the University. Around 300 faculty, staff and students took part in the event.

The event began with the welcome address by the organizing secretary of the event. The secretary then took the gathering through an informative session on Yoga. The joint secretary along with students demonstrated several Asanas and explained the medical benefits of each Asana as well as the precautions to be taken while performing the Asana.

To facilitate the entire session and to put the audience at ease, Ms. Pragati along with student volunteers demonstrated the Asanas on an elevated stage.

Ms. Pragati also elaborated on each Asana explaining the intricacies of each move and the importance of the Asana in daily life. She further explained a few dietary guidelines and how many lifestyles related ailments such as diabetes, respiratory disorders, hypertension, and hypotension could be controlled by Yoga. She went on to explain that Yoga was a process of creating a body and mind that are stepping stones, not hurdles to an exuberant and fulfilling life.

### **Outcomes:**

The program ended with a small discourse on Yoga and its benefits on our everyday life and a short prayer. The audience also took an oath to be committed to balance of mind and endeavor to highest self-development as well as promote peace, health and harmony among self, family, society, and world.

### **Closing remarks-description:**

For spreading the awareness of the importance of Yoga and its powerful force as energy events for Yoga are very important including celebration of the international day of its inception to the world.

### **Appendix (includes photographs, brochure):**









































## Kabaddi Tournament

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Kabaddi Tournament
<b>Event Date</b>	22-23 Apr, 2022
<b>Number of Days</b>	02
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	84

### **About the Event:**

Kabaddi is a contact team sport. Played between two teams of seven players each. The objective of the game is for a single player on offense, referred to as a "raider", to run into the opposing team's half of the court, touch out as many of their players and return to their own half of the court, all without being tackled by the defenders in 30 seconds. Points are scored for each player tagged by the raider, while the opposing team earns a point for stopping the raider. Players are taken out of the game if they are touched or tackled, but are brought back in for each point scored by their team from a tag or a tackle.

The tournament was well attended by the students from different schools and colleges of the university.

### **Outcomes:**

The tournament was well organized and participated by the students. All the teams enjoyed playing and competing with each other.

### **Closing remarks-description:**

Such kinds of tournaments should continuously be organized for the promotion of sport as well as to enhance the fitness standard of the students.

### **Appendix (includes photographs, brochure):**













































## All India Inter-University Powerlifting Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Powerlifting Championship (Women)
<b>Event Date</b>	16-19 Apr, 2022
<b>Number of Days</b>	04
<b>Venue</b>	Janardan Rai Nagar Vidyapeeth, Rajasthan, Udaipur
<b>Participants</b>	Students
<b>Student Engagement</b>	02

### **About the Event:**

Janardan Rai Nagar Vidyapeeth, Rajasthan hosted the All India Inter-University Powerlifting Championship for women from 16<sup>th</sup> to 19<sup>th</sup> April 2022. A team of two female members from IIMT University represented this tournament. Ms. Jasleen Kaur and Ms. Sukanya Gogoi competed in their respective weight categories.

Below listed were the members of the University squad:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MS. JASLEEN KAUR	B. P. E. S.
2	MS. SUKANYA GOGOI	B. P. E. S.

### **Outcomes:**

All India Inter-University tournaments are a good platform for the university students. Two students from IIMT University participated in this tournament. It was nice experience and exposure for the students to contend at this level.

### **Closing remarks-description:**

Student should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

### **Appendix (includes photographs, brochure):**





## All India Inter-University Judo Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Judo Championship (Men)
<b>Event Date</b>	25-27 Mar, 2022
<b>Number of Days</b>	03
<b>Venue</b>	Chhatrapati Shahu Ji Maharaj University, Kanpur
<b>Participants</b>	Students
<b>Student Engagement</b>	03

### **About the Event:**

IIMT University participated in the All India Inter-University Judo Championship for men. The event was hosted by Chhatrapati Shahu Ji Maharaj University, Kanpur from 25<sup>th</sup> to 27<sup>th</sup> of March 2022 at Kanpur. A three member team from IIMT University also participated in this event.

Below is the detail of the team members of the University:

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1	GAGAN SINGH RAWAT	KANWAR SINGH RAWAT	BPED IIYR
2	ADITYA PANDEY	PRAMOD KUMAR PANDEY	BPED II YR
3	AKSHAT MUDGAL	AVDESSH KUMAR SHARMA	BAJMC IYR

### **Outcomes:**

All India Inter-University Judo Championship was a good platform for the university students. Three students from IIMT University took part in this tournament. It was nice experience and exposure for the students to compete at this level.

### **Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

### **Appendix (includes photographs, brochure):**



## Sports Fest - *Adamyia*

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Sports Fest - <i>Adamyia</i>
<b>Event Date</b>	23-25 Mar, 2022
<b>Number of Days</b>	03
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	1200

### **About the Event:**

Department of Physical Education organized a sports fest named 'Adamyia' from 23<sup>rd</sup> to 25<sup>th</sup> of March 2022. The event was organized in the university campus, Ganga Nagar, Meerut.

Mr. Surender Singh, Commissioner Meerut was the chief guest for the inauguration ceremony. The event was started in the morning of 23<sup>rd</sup> of March 2022 and was inaugurated by flying the balloons. The Chancellor, Pro Chancellor, Vice Chancellor, Pro Vice Chancellor, Deans, Directors and IIMT Faculty members along with the Students were present there. The meet was declaration as open by the Commissioner Meerut Mr. Surender Singh. After the inauguration ceremony the matches for all the sports took place at their respective play fields.

The event was organized for various sports and athletic events which are mentioned in the table below:

S. No.	Sports	S. No.	Athletic Events
1	Basketball	1	100 Meter
2	Football	2	400 Meter
3	Volleyball	3	Long jump
4	Kabaddi	4	
5	Futsal	5	
6	Badminton		
7	Table Tennis		

### **Participating Teams:**





S. No.	Basketball	Football	Volleyball	Kabaddi	Futsal
1	St Thomas Meerut	Shield Blue	Delhi Cantt	IIMT University	Seven Star
2	Sardar Vallabh Bhai Patel Uni	Gen – X	Meerut Cantt	Sdm School Meerut	Subharti
3	The Warrior Delhi	IIMT University	Siddharth Club Meerut	Physical Education Department	Rajpura Fc
4	IIMTU	Invinsible	Dogra Army	Stadium Meerut	Shield Red
5	Kulwant Killer Cantt	Chanada Blue	Santy Club	Nas College	Defence Utd.
6	Dav Dehradun	M.F.C.	Si IIMT	Uddham Singh Stadium	IIMTU
7	Esperto Gzb	A.B.C.D.	NAS Meerut	Swami Vivekananda Meerut	Shield FC (Blue)
8	Muzzarfarnagar	T.F.C.	Bichhi Club	Jnm College Muzzarfarnager	Chanda (Blue)
9	Delhi Ncr	Rajjan Sp.	Uvas Foundation Delhi	Strikers Club	G.N.U. (B)
10	St Jones Meerut	Rajpura	IIMT University	Seven Stars Club	Meerut Sp.
11	Chittkara Uni Chandigarh	IIMT (P.Edu)	Murad Nagar College	Pavla Club Hapur	Shield Green
12	Taxhila Meerut	Shield Red	IIMT Club	Pawnwar Club	Taps
13	IIMT Phy Edu	MFA	Life Science	Btech Challengers Meerut	MFA
14	Stubborn Meerut Stadium	MYFA	Rathi Club	Nagauri Club Meerut	Scorpion
15	Skill Junction Gzb	KKFC	N G Club	Law Department IIMT	KKFC
16	Fierce Spartans Delhi	GNU	Sekhpuri Club	Shilor Club Shamli	Shield Fc Black
17	Baghpat College	Seven Star	Police Enclave	Sobst Iimt	All Star
18	IIMTU Girls	Chanda Red	Sagun Club Meerut	Bnys Fighter	LKFC
19	Black Mamba Sharanpur		Khurana	Nursing	Chanda Red
20	Stadium Meerut		Uvas Junior	Medical Science	JNU A
21	HR Ballers Haryana		Saurabh Club	IIMTU (Girls)	Garhwal Fc
22			Aligarh Uni (Girls)	NAS College Meerut Girls	
23			Stadium Meerut (Girls)	BPT Girls	
24			Uvas Delhi (Girls)	Manav Sports	
25			Gajraula Girls	Sbvm School Meerut	
26			IIMT Girls	Nrsing	
27			Pariyan Shield Meerut	Khatuli Girs	
28			Jebri Club		

### Outcomes:

The tournament was a great success many teams from surrounding Universities and colleges took part with their teams. The event held for three days and the results of the same are mentioned in the tabular form below:



S. No.	Sports	Boys(W/R)	Girls(W/R)
1	Basketball	Stadium MRT/ Delhi NCR	Haryana/ Stadium MRT
2	Football	IIMTU/ Chanda Club MRT	NA
3	Futsal	IIMTU/ Chanda Club Mrt	NA
4	Volleyball	IIMTU/Dogra Regiment Ncr	Yuva Foundation/Stadium MRT
5	Kabaddi	NAS MRT/ Stadium	NAS MRT/ Stadium
6	Badminton: Single	Nitin/Harsh (Sonipat)	Simran/Mahi(Muradabad)
	Badminton: Double	Nitin & Harsh (Sonipat)/Yaiappa & Vibhor (IIMTU)	Simran & Mahi(Muradabad) Divyanshi & Ayushi (Sonipat)
	Badminton: Mixed	Harsh & Kajal/ Nitin & Era ( Sonipat)	
7	Table-Tennis	Udit LLM IIMT/ Dr Vaibhav Phe	NA
8	Athletics: 100m	Sumit Stadium/Harsh IIMTU/Sanskar	Mansi MCM/Kalawati/Anjali
	400m	Rikant/Vinit/Robish	Mansi/Muskan/Sikha
	Long Jump	Nitin/Nishant/Akash	Kalawati/Payal/Shubham

**Closing remarks-description:**

The Higher Education Institutes should come forward and contributes to the promotion of the sports by organizing such events and facilitating the athletes with scholarships and training aids.

**Appendix (includes photographs, brochure):**



**Inauguration Ceremony:**





















**Basketball:**

















**Football:**





















Volleyball:





















**Kabaddi:**





















**Badminton:**



















**Table Tennis:**



**Athletics:**





























**Prize Distribution:**

























## All India Inter-University Taekwondo Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Taekwondo Championship (Men)
<b>Event Date</b>	21-24 Mar, 2022
<b>Number of Days</b>	04
<b>Venue</b>	University of Kerala
<b>Participants</b>	Students
<b>Student Engagement</b>	04

### **About the Event:**

The Taekwondo Championship for men was held at Kerala which was hosted by University of Kerala from 21<sup>st</sup> to 24<sup>th</sup> of March 2022. IIMT University also represented in this event with its four member team. It was a nice experience for the team and all the team members got exposure to compete in the All India Inter-University level.

The details of the team members of the University are mentioned below:

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1.	SUMIT KUMAR	ASHOK KUMAR	BPED IST YR
2.	VAIBHAV TYAGI	BRIJ BHUSHAN TYAGI	BCA IST YR
3.	ANIKET KUMAR	SANDEEP KUMAR	BPES IST YR
4.	AMAN YADAV	JITENDRA SINGH YADAV	BPED IST YR

### **Outcomes:**

Participating in the All India Inter-University Taekwondo Championship, give enormous opportunities for the students to test their skills. The players from IIMT University demonstrated great sportsmanship and made us proud.

### **Closing remarks-description:**

The university should promote participation in the sports by providing scholarships and training for the promising players.

### **Appendix (includes photographs, brochure):**





## All India Inter-University Weightlifting Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Weightlifting Championship (Men)
<b>Event Date</b>	08-12 Mar, 2022
<b>Number of Days</b>	05
<b>Venue</b>	Chandigarh University, Mohali
<b>Participants</b>	Students
<b>Student Engagement</b>	02

### **About the Event:**

The All India Inter-University Weightlifting Championship for men was hosted by Chandigarh University, Mohali from 08<sup>th</sup> to 12<sup>th</sup> of March 2022. A team of two members from IIMT University participated in this tournament. Mr. Abhishek Dubey competed in the 73 kg weight category whereas; Mr. Suraj Kumar competed in the 67 kg weight category.

Below listed were the members of the University team:

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1	ABHISHEK DUBEY	SANTOSH DUBEY	BPES V
2	SURAJ KUMAR	RAJ KUMAR	BPES V

### **Outcomes:**

All India Inter-University tournaments are a good platform for the university students. Two students from IIMT University participated in this tournament. It was nice experience and exposure for the students to contend at this level.

### **Closing remarks-description:**

Student should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

### **Appendix (includes photographs, brochure):**



## 3x3 Basketball Tournament

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	3x3 Basketball Tournament
<b>Event Date</b>	06 Mar, 2022
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	55

### **About the Event:**

A basketball tournament in the format of 3x3 for both men and women was organized by the Department of Physical Education on 06<sup>th</sup> of March 2022. In this tournament seven men and four women teams participated from the different colleges and schools of the university. The event was held in the university Basketball courts adjacent to the Department of Physical Education building.

### **Outcomes:**

This event was organized keeping in view that a small size of teams can participate and get a competition exposure. Where the teams had to put maximum efforts to cover the whole field with the less numbers of team members.

### **Closing remarks-description:**

This type of modified competitions help students to put more effort in the game and they have the chance to have more ball possession as compared to the actual game.

### **Appendix (includes photographs, brochure):**





**R1 SPORTS** *game on...*

**SPONCERED BY**

**KCH**  
KUSHWAHA COLLECTION HOUSE  
A BOOK COLLECTION STORE

**1<sup>st</sup> 3x3 Basketball tournament 2022**

**6 March 2022**

**Host by - Dept. of Physical Education**  
**Venue: IIMT University Meerut**



**R1 SPORTS** *game on...*

**IIMT UNIVERSITY**  
Established by Govt. of U.P. Act No.32

**PRESENTS**

**1<sup>st</sup> 3X3 Basketball Tournament 2022**

- Cash Prize
- Trophy
- Medals
- MVP

**Entry Fees**  
**1000/- Per Team**

**Under - 19 Boys**  
**Open - Boys & Girls**

**Date:- 6<sup>th</sup> Mar'2022**  
**Venue:- IIMT University**

**Last Date Of Registration**  
**4<sup>th</sup> Mar'2022**

**For Further Details Contact.-**  
**Shashank Kushwaha**  
**+91-9557793704**

**No entry should be allowed after 4<sup>th</sup> mar'2022**









## All India Inter-University Athletics Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Athletics Championship (Men)
<b>Event Date</b>	04-07 Jan, 2022
<b>Number of Days</b>	04
<b>Venue</b>	Mangalore University, Mangalore
<b>Participants</b>	Students
<b>Student Engagement</b>	23

### About the Event:

IIMT University participated in the All India Inter-University Athletic Championship for men. The tournament was organized at Mangalore by Mangalore University from 04<sup>th</sup> to 07<sup>th</sup> of January 2022. Around 115 students from different Colleges and Schools of IIMTU appear in the trials for different track and field events. After a tough competition only 23 students could make it to the final list of the participants to represent the University at All India Inter-University Tournament.

The details of the selected twenty-three members for the team are mentioned below:

Sr. No.	Name	Father's Name	Course
1	SAHIL TOMAR	MANOJ TOMAR	BPES V SEM
2	PRINCE TYAGI	ANUJ TYAGI	BPES III SEM
3	ARYAN PANWAR	AVADHPAL PANWAR	BPES I SEM
4	HARSH AGARWAL	MUKESH AGARWAL	BCA I SEM
5	ANSHUL SINGH	NIHAL SINGH	BPES V SEM
6	PUNIT SIROHI	SATENDRA SIROHI	BPES I SEM
7	ABHISHEK PRASAD	KISHORE PRASAD	BPES V SEM
8	AKASH KUMAR	BABURAM	BPES III SEM
9	PUNEET SINGH	KUMAR PAL	BPES IST SEM
10	PRASHANT KAUSHIK	GANGARAM	BPES V SEM
11	HARSH GODARA	NARENDRA	BPES III SEM
12	NIKHIL PANWAR	ARVIND PANWAR	BPES I SEM



13	ROBIN TOMER	RAVINDRA TOMAR	BPED I SEM
14	VISHWAS BHARDWAJ	ARVIND SHARMA	BPED III SEM
15	DIPESH KUMAR	SURESHVEER SINGH	BPED III SEM
16	BHANU PRATAP	MOHAN SINGH	BPES V SEM
17	ABDUL VAHAB	SAHUKEEN	BPES III SEM
18	AKASH CHAUDHARY	PANKAJ CHAUDHARY	BPES III SEM
19	SORABH YADAV	BHAGMAL	BPES V SEM
20	ABHISHEK CHANDAN	ASHOK KUMAR	BPES V SEM
21	ROHAN CHAUDHARY	SATISH CHAUDHARY	BPES V SEM
22	PREET JANGID	RAM KUMAR	BPES I SEM
23	PRASHANT BENIWAL	SANJEEV BENIWAL	BPES III SEM

**Outcomes:**

A team of 23 members from IIMT University participated in different track and field events in the Inter-University Athletics tournament which provided exposure to the participants. Students in such kinds of events got opportunities to showcase their abilities in various athletic events.

**Closing remarks-description:**

Participation should increase to develop professional players. Students from different departments should come together in such individual events and contribute as a team. University provides lot of fundamental and game specific infrastructure to the participants of various sports.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Kabaddi Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Kabaddi Championship (Women)
<b>Event Date</b>	03-06 Jan, 2022
<b>Number of Days</b>	04
<b>Venue</b>	Himachal Pradesh University, Shimla
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

Association of India Universities is continuously conducting indigenous games at Zonal and All India level in which IIMT University participates to encourage and motivate students and to develop them into professionals. To participate in this event the 85 students from different Colleges and Schools of IIMT University appeared in the trials. After rigorous efforts, twelve members team were scrutinized to represent the University at North Zone Inter-Universities Championship for men. The tournament was hosted by Himachal Pradesh University, Shimla from 03<sup>rd</sup> to 06<sup>th</sup> of January 2022.

The details of the selected twelve members for the team are mentioned below:

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1	NIDHI	RAM KRIPAL SINGH	BPED
2	SUNIYA	RAM BHAUL	GNM
3	PRERNA BORAH	LAKHI RAM BORA	BPES
4	DIMPAL SOM	RADHEY SHYAM	MBA
5	ANANYA	KULDEEP SINGH	BPES I YR
6	DIVYA	GOVIND SINGH	BPES I YR
7	ANKITA SINGH	RAMEDER	BPED I YR
8	HIMANSHU	KAMLESH THAKUR	B.PAHRMA III YR
9	NEHA	ANIL KUMAR TEOTIA	BPES III YR
10	VAISHNAVI SHARMA	SACHIN SHARMA	BPES
11	ANJALI	AMAN SINGH	BPES I YR



12	PREKSHA	CHANDRA SHEKHAR	BPES I YR
----	---------	-----------------	-----------

**Outcomes:**

The University provides professional exposures to participants in Kabaddi at North Zone Inter-University level, which develops the amateurs into the professionals. In such levels of North Zone Inter-University Championship participants develop right approach towards sports. Whenever such team games are organized, the participants work with each other to achieve the goal.

**Closing remarks-description:**

Participation should increase to develop professionals' players in indigenous games; students from different departments came together and contributed for the success for the team. University provides lot of intrinsic and extrinsic motivation to the participants for sports.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Table Tennis Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Table Tennis Championship (Men)
<b>Event Date</b>	30 Dec -01 Jan, 2022
<b>Number of Days</b>	03
<b>Venue</b>	Chitkara University, Solan (HP)
<b>Participants</b>	Students
<b>Student Engagement</b>	05

### About the Event:

A team of five members represented IIMT University in the North Zone Inter-University Table Tennis Championship for men from 30<sup>th</sup> to 01<sup>st</sup> of January 2022 which was held at Solan and organized by Chitkara University, Himachal Pradesh.

The details of the participating team members are mentioned below:

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1	ARPIT SINGH	MR. AMAN SINGH	BPED
2	RITESH SHARMA	MR. VINOD KUMAR	BPED
3	ROHIT BHATI	MR. DHEERAJ BHATI	BPED
4	NITIN KUMAR KASHYAP	MR. ROOPCHAND SINGH	B.COM
5	SATYAM NAMDEV	MR. SUNIL KUMAR	BPES

### Outcomes:

North Zone Inter-University tournament gave immense opportunities for students to test their skills. The students got an opportunity to compete in the inter-university level tournament which was a great exposure for them and helped them to set their goals for their future sports careers.

### Closing remarks-description:

To promote sports culture the students should come forward and avail such opportunities where they can participate in such tournaments.

### Appendix (includes photographs, brochure):



## North Zone Inter-University Basketball Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Basketball Championship (Women)
<b>Event Date</b>	30 Dec -02 Jan, 2022
<b>Number of Days</b>	04
<b>Venue</b>	Chitkara University, Rajpura
<b>Participants</b>	Students
<b>Student Engagement</b>	11

### About the Event:

IIMT University's Basketball women's team participated in the North Zone Inter-University Basketball Women Championship. The Chitkara University, Rajpura was the host for this tournament which was organized from the 30<sup>th</sup> of December 2021 to 02<sup>nd</sup> of January 2022. The girls made us proud by their performance throughout the tournament.

The details of the team members are given below:

Sr. No.	Name	Father's Name	Course
1	PREKSHA	MR CHANDRA SHEKHAR	BPES I YR
2	SHIVANI SINGH	MR RAJVIR SINGH	BPED II YR
3	SONAM	MR SHYAMPAL SINGH	BPES III YR
4	SUHANI RANA	MR KIRAN PAL RANA	BSC III YR
5	NATASHA SINGH	LT. MR. MUKESH	BSC IIIYR
6	ISHIKA SHARMA	MR. SANJAY SHARMA	B COM I YR
7	JAGRITI SUMAN	MR ARJUN PRASAD	BPES III YR
8	NEHA	MR ANIL KUMAR TEOTIA	BPES IIYR
9	DIVYA	MR. GOVIND SINGH	BPES I YR
10	RANJANA	MR. GAJENDRA SINGH	B.SC I YR
11	JENIFER BEG	NASIR ALI BEG	BTECH I YR





**Outcomes:**

North Zone Inter-University Basketball Championship served as a good platform for the women participants of the university. A team of eleven students from IIMT University participated in this tournament. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

**Appendix (includes photographs, brochure):**



## All India Inter-University Boxing Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Boxing Championship (Men)
<b>Event Date</b>	25 Dec -01 Jan, 2022
<b>Number of Days</b>	08
<b>Venue</b>	Lovely Professional University, Jalandhar
<b>Participants</b>	Students
<b>Student Engagement</b>	07

### About the Event:

The All India Inter-University Boxing Championship for Men was organized by Lovely Professional University from 25<sup>th</sup> of December to 01<sup>st</sup> of January 2022 at Jalandhar. A team of seven members in different weight categories from IIMT University participated in this championship. The AIU promotes participating in the field of boxing and IIMT University engaged the students for the same.

The details of the selected seven members for the team are mentioned below:

Sr. No.	Name	Father's Name	Course
1	SACHIN VIKAL	MR. DHIRAJ SINGH	BPES
2	ADITYA MAKORWAL	MR. SATISH KUMAR	BPES
3	SHIVAM PUNDIR	MR. ROOP KUMAR	B.SC
4	RANDHIR SINGH	MR. H.K. SINGH	BPES
5	ANIKET KUMAR	MR. SANDEEP KUMAR	BPES
6	GAGAN SINGH RAWAT	LATE, KANWAR SINGH RAWAT	BPED
7	ADITYA PANDEY	MR PRAMOD KR. PANDEY	BPED

### Outcomes:

It was great learning for the boxer to participate in a tournament like this. Our boxers won their first bouts which boosted their confidence for the next fights, however, in the second round four athletes lost their matches. Nevertheless, the boxer from IIMT University explicit great sportsmanship and made us proud.



**Closing remarks-description:**

The university should promote participation in sports by providing scholarships and training for promising players. The number of competitions for such sports should be increased at Inter-University level for the professional development and to uplift the careers of the students and get more exposure of the competition

**Appendix (includes photographs, brochure):**





















## All India Inter-University Yogasana Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Yogasana Championship (Men & Women)
<b>Event Date</b>	25-28 Dec, 2021
<b>Number of Days</b>	04
<b>Venue</b>	Kalinga Institute of Industrial Technology, Bhubaneswar
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

Yoga is considered as the most important for training purpose and improves the sedentary lifestyle. All India Inter-University is continuously conducting tournaments for the sport at various levels and IIMT University is promoting its athletes to participate in such events. For short listing the individuals for this event the trials were conducted for both men and women categories. A team of 12 members 06 men and 6 women was finalized. This team of 12 members represented IIMT University in its respective categories.

The details of the selected team members for this tournament are mentioned below:

Sr. No.	Name	Father's Name	Course
1	HEMA KUMARI	ARJUN SINGH	BNYS IIND
2	AKANSHA BISHT	NTTENDRA SINGH BISHT	BPES IIIRD
3	HEENA	RAJEEV KUMAR	BPES IIIRD
4	AKRITI ARYA	SAMARPAL SINGH	GNM IIND
5	SHRISTHI DHAMA	UMMED SINGH	BNYS IIND
6	AKANSHA GAUR	VIJAY GAUR	BPED IIND
7	PRAYAG GUPTA	RAMESH BABU GUPTA	BNYS III
8	YASH GAUR	VIJAY GAUR	MBA
9	HARSHIT PATNI	LILAMBER PATNI	BPES
10	DEEPAK	KAILASH	BNYS



11	AMAN YADAV	JITENDRA SINGH	BPED
12	SATYAM PRAKASH	VEDPRAKASH	PGDYED

**Outcomes:**

The University provided exposures to the participants at All India Inter University Championship. The athletes got opportunity to showcase their talent and ability to perform various yogasanas.

**Closing remarks-description:**

For spreading the awareness of the importance of Yoga and its powerful force as energy, events for Yoga are very important.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Football Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Football Championship (Men)
<b>Event Date</b>	23-30 Dec, 2021
<b>Number of Days</b>	08
<b>Venue</b>	Punjabi University, Patiala
<b>Participants</b>	Students
<b>Student Engagement</b>	17

### About the Event:

A team of seventeen members from IIMT University participated in the North Zone Inter-University Football championship for men, which was hosted by Punjabi University, Patiala from 23<sup>rd</sup> to 30<sup>th</sup> of December 2021. Team IIMT performed very well and reached the quarterfinals but unfortunately, the team could not qualify for the semi-finals. To be a part of this team 155 students across university tried their luck. The trials went on for a week and after this rigorous exercise the department was able to short list the team for this event.

Team IIMT University's participants' details are mentioned below:

Sr. No.	Name	Father's Name	Course
1	PUNNET SINGH	KUMAR PAL SINGH	BPES IYR
2	MAYANK DESWAL	OP DESHWAL	BPED I YR
3	GAURAV SINGH	KIRPAL SINGH	BPED II YR
4	MOHIT JOON	OM PRAKASH	BPED IYR
5	SHUBHAM LOCHAN	PREM JIVAN	BPED I YR
6	MD. ANSAR	MOHD. HASEEN	BPED IYR
7	RAJU KUMAR	PAWAN KUMAR	BPED I YR
8	AJAY	BHARAT KUMAR	BPED IYR
9	HARSHIT SINGH	DALBIR SINGH	BPED IYR
10	NEESHU SINGH	OM PRAKASH SINGH	BPES
11	AYUSH RAWAT	B.S RAWAT	BPES IIIYR
12	ASHISH CHAUDHARY	LOKESH KUMAR	BPED IYR



13	ANANT RANA	SOHAN LAL	BPED I YR
14	PARAS ARYA	RAJ KUMAR	BPED IYR
15	PRAJJWAL RAWAT	JAGAT BANDHU SINGH	BPES III YR
16	ASHISH SHAJU	SHAJU	H.M IV
17	PRASHANT	ASHOK KUMAR	BCA IST

**Outcomes:**

North Zone Inter-University Football Championship served as a platform for the college and university students. A team of 17 members from IIMT University participated in this tournament. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Volleyball Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Volleyball Championship (Women)
<b>Event Date</b>	18-22 Dec, 2021
<b>Number of Days</b>	05
<b>Venue</b>	Kurukshetra University, Kurukshetra
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### **About the Event:**

IIMT University with its' 12 members team participated in the North Zone Inter-University Volleyball Championship for women. The tournament was organized at Kurukshetra University, Kurukshetra from 18<sup>th</sup> to 22<sup>nd</sup> of December 2021. The trial for finalizing the team was conducted for 2 days where around 35 students appeared for the trials and tried their luck.

The details of the selected 12 members of the team are mentioned below.

<b>Sr. No.</b>	<b>Name</b>	<b>Father's Name</b>	<b>Course</b>
1	SAPNA SINGH	ADITYA KUMAR	BPT
2	SALONI SINGH	ADITYA SINGH	BSC
3	AKANSHA GUPTA	SATVA DEV	BPED
4	PRIYANKA DAS	TAPASH DAS	BPED
5	DEESHU CHAUDHARY	DARSHAN KUMAR	BPES
6	DIVYA	GOVIND SINGH	BPES
7	RASHI TYAGI	VISHAL TYAGI	BBA
8	AKSHI TEOTIA	ADAM KUMAR	BSC
9	MAHIMA SINGH	ANAR SINGH	ANM
10	HANSKA SUKLA	RAM SHUKLA	BPT
11	MUSKAN	RAM NIVAS	BPES
12	RINKI RANA	RAKESH RANA	BPT

**Outcomes:**

A team of twelve members from the university participated in the North Zone Inter-University Volleyball Championship which gave immense opportunities for them to test their skills. Although they could not succeed in the second round, however, it was a good exposure for them.

**Closing remarks-description:**

The number of competitions for such sports should be increased at the departmental level so that the students get more exposure and competition practice.

**Appendix (includes photographs, brochure):**



























## North Zone Inter-University Boxing Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Boxing Championship (Women)
<b>Event Date</b>	17- 22 Dec, 2021
<b>Number of Days</b>	06
<b>Venue</b>	Lovely Professional University, Jalandhar
<b>Participants</b>	Students
<b>Student Engagement</b>	03

### About the Event:

The All India Inter-University Boxing Championship for Women was organized by Lovely Professional University from 17<sup>th</sup> to 22<sup>nd</sup> of December 2021 at Jalandhar. IIMT University with its three athletes in different weight categories participated in this championship. The AIU promotes participating in the field of boxing and IIMT University engaged the students for the same.

The details of the selected seven members for the team are mentioned below:

Sr. No.	Name	Father's Name	Course
1	KANIKA CHAUDHARY	D.P SINGH	BPED II YR
2	ANITA	MR BABU RAM	BPES IYR
3	SANDHYA HOON	MR. GAJARAJ SINGH	BPES IYR

### Outcomes:

It was great learning for the boxer to participate in a tournament like this. One of our boxers won her first bout which boosted her confidence for the next fight, however, in the second round the athletes lost her match. Nevertheless, the boxer from IIMT University explicit great sportsmanship and made us proud.



**Closing remarks-description:**

The university should promote participation in sports by providing scholarships and training for promising players. The number of competitions for such sports should be increased at Inter-University level for the professional development and to uplift the careers of the students and get more exposure of the competition

**Appendix (includes photographs, brochure):**















## North Zone Inter-University Basketball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Basketball Championship (Men)
<b>Event Date</b>	15-20 Dec, 2021
<b>Number of Days</b>	06
<b>Venue</b>	Jamia Millia Islamia, New Delhi
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

Twelve members' Basketball men's team participated in the North Zone Inter-University Basketball Championship for men. The event was hosted by Jamia Millia Islamia, New Delhi which was organized from the 15<sup>th</sup> to 20<sup>th</sup> of December 2021. The boys made us proud by their impressive performance throughout the tournament.

The details of the team members are given below:

Sr. No.	Name	Father's Name	Course
1	JITESH KUMAR	MR ASHOK KUMAR	B.SC IV YR
2	MUKUL CHAUDHARY	DR. MANVEER SINGH	B.SC IYR
3	VIKRANT SINGH	MR ANIL KUMAR	BPES IIIYR
4	SHIVAM BALIYAN	MR RAVINDER KUMAR	B.A IYR
5	NIKHIL KUMAR	MR. PRADEEP GOSWAMI	BBA I YR
6	NINAAD MARSH	MR. NEVILLE MILTON	BPED I YR
7	ROHIT BHATI	MR. DHEERAJ BHATI	BPED II YR.
8	HARSH SHARMA	MR RAJKUMAR SHARMA	BCA IST YR
9	MOHIT KUMAR	MR. KARAN PAL	DHMCT IYR
10	SAHIL TOMAR	MR. MANDI TOMAR	BPES IIIRD YR
11	PRAJJWAL CHAUDHARY	MR NARENDRA SINGH	B.SC III
12	AKARSH TOMAR	MR. SANJEEV KUMAR	BPED IYEAR



**Outcomes:**

North Zone Inter-University Basketball Championship served as a good platform for the men participants of the university. A team of twelve students from IIMT University participated in this tournament. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Volleyball Championship (Men)

Department Name	Department of Physical Education
Event Name	North Zone Inter-University Volleyball Championship (Men)
Event Date	12-16 Dec, 2021
Number of Days	05
Venue	Kurukshetra University, Kurukshetra
Participants	Students
Student Engagement	12

### About the Event:

IIMT University with its 12 member's team participated in the North Zone Inter-University Volleyball Championship for men. The tournament was organized at Kurukshetra University, Kurukshetra from 12<sup>th</sup> to 16<sup>th</sup> of December 2021. The trial for finalizing the team was conducted for 3 days where around 65 students appeared for the trials and tried their luck. After the trials a team of 12 members were selected to represent the IIMT University.

The details of the selected 12 members of the team are mentioned below.

Sr. No.	Name	Father's Name	Course
1	PRIYANSHU SINGH	NAGENDRA PAL SINGH	B.TECH IV
2	ANKUR PANWAR	LT PAWAN PANWAR	BPED
3	DIPESH KUMAR	SURESH VEER SINGH	BPED II YR
4	HARSH BOHRA	MANOJ BOHRA	BPES II YR
5	GURUDARSHAN	SUDHIR KUMAR	BPED I YR
6	SIDDHARTH TOMAR	RAJ KUMAR TOMAR	BPES II
7	DUSHYANT PRATAP SI	MUKESH KUMAR	BPES II YR
8	PRINCE KUMAR	JITENDRA	BPES II
9	SOURABH YADAV	BHAGMAL	BPES III
10	SOURABH SIROHI	VINOD KUMAR	MBA
11	VIPUL DHAMA	AMAR SINGH	BPES II YR
12	ABHISHEK CHANDAN	ASHOK KUMAR	BPES III YR



**Outcomes:**

A team of twelve members from the university participated in the North Zone Inter-University Volleyball Championship which gave immense opportunities for them to test their skills. Although they could not succeed in the second round, however, it was a good exposure for them.

**Closing remarks-description:**

The number of competitions for such sports should be increased at the departmental level so that the students get more exposure and competition practice.

**Appendix (includes photographs, brochure):**





## Under 19 Basketball Tournament

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Under 19 Basketball Tournament
<b>Event Date</b>	11-12 Dec, 2021
<b>Number of Days</b>	02
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	100

### **About the Event:**

A basketball tournament for Under-19 category players of the city was hosted at IIMT University by its Department of Physical Education from 11<sup>th</sup> to 12<sup>th</sup> of December 2021. In this tournament nine teams participated from the different colleges and schools of the city. The event was held in the university Basketball courts adjoining to the Department of Physical Education building.

### **Outcomes:**

This event was organized keeping in view that Under-19 teams can participate and get a competition exposure. Where the teams had to put maximum efforts to cover the whole field with the less numbers of team members.

### **Closing remarks-description:**

This type of competitions helps students to get an exposure because there are very less numbers of tournament s for such categories.

### **Appendix (includes photographs, brochure):**















75वें आजादी के अमृतोत्सव के उपलक्ष में  
**UNDER-19 BOYS**  
**BASKETBALL TOURNAMENT**  
**DATE: 11TH TO 12TH DEC 2021**  
**VENUE: IIMT UNIVERSITY MEERUT**

“This is to inform you all that Veterans India Sports Wing (VISW) are going to organise the U\_19 Boys, Basketball Tournament at IIMT UNIVERSITY MEERUT on 11th to 12th Dec 2021 so you all are invited to join us and give your blessings to children for their upcoming future.”

**Sanjay Sharma**  
State Joint Secretary  
VISW

[www.veteransindiasports.com](http://www.veteransindiasports.com)



## Fitness Ki Dose Adha Ghanta

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Fitness Ki Dose Adha Ghanta Roz
<b>Event Date</b>	07-31 Aug, 2021
<b>Number of Days</b>	25
<b>Venue</b>	IIMT University
<b>Participants</b>	Students
<b>Student Engagement</b>	200

### About the Event:

The Fitness Ka Dose Aadha Ghanta Roz Campaign was recently applauded by the World Health Organization. The campaign has been uploaded for its initiatives to promote physical activity. The campaign was launched as a part of the Fit India Movement. It was launched by the Union Minister of Youth affairs and Sports Kiren Rijiju. The campaign lately gained support from celebrities in different fields including sports persons, doctors, Bollywood and fitness influencers. The campaign urges Indian citizens to follow 30 minutes of fitness every day.

Keeping this in mind the Department of Physical Education organized different activities through the month for its faculty, staff and students.

Following is the list of activities conducted during this period:

S. No.	Event	Date
1	Freedom Run	14.08.2021
2	Basketball	19.08.2021
3	Volleyball	25.08.2021
4	Hockey	29.08.2021
5	Football	31.08.2021
6	Futsal	07.08.2021
7	Cricket	15.08.2021
8	Yoga	25.08.2021



**Outcomes:**

These month long activities in different sports helped students, faculty and staff members to concentrate on their fitness and learn different sports. These sports if used as recreational activities can benefit all individuals and help them to utilize their leisure time properly and productively.

**Closing remarks-description:**

This event was a great success not only in the University but throughout the country. In fact Fitness Ka Dose Adha Ghanta Roz was appreciated by the World Health Organization as well.

**Appendix (includes photographs, brochure):**











































