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**UNIVERSITY**  
**MEERUT**

Transforming Education System, Transforming Lives



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# ANNUAL REPORT

## 2024-2025

*Department of Physical Education*

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## National Sports Day – 2024

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	National Sports Day
<b>Event Date</b>	29 <sup>th</sup> Aug, 2024
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University Main Ground, Meerut
<b>Participants</b>	Students, Faculty and Staff
<b>Student Engagement</b>	150

### **Objective:**

- To provide a platform and opportunity to the School /College students to take part in the competition to display their skills.
- To promote and develop the sports spirit among youth.
- Strengthen bonds and foster camaraderie among participating schools.
- Support the overall personality development of students through sports.

### **Plan of Action:**

We Celebrate the National Sports Day by honoring the nation's sports icon for their contribution and dedication towards the country on the international stage. Also, the FIT INDIA MOVEMENT, by Hon'ble Prime Minister has been launched on this day 2019.

### **Event Overview:**

The National Sports Day was successfully held with great enthusiasm and participation from young athletes across the region. The event served as a platform to encourage sportsmanship, teamwork, and healthy competition among youth. This year's National Sports Day featured six main sports: Tug of War, Lemon Race, Hundred Meters Race, Three-Legged Race, Relay Race, Plank Challenge.

### **Outcomes:**

- **Participation & Enthusiasm:** Over 150 students and staff took part, showing great enthusiasm and sportsmanship.
- **Physical Fitness Awareness:** The variety of events highlighted the importance of fitness, agility, strength, and coordination.
- **Team Spirit & Camaraderie:** Events like Tug of War, Three-Legged Race, and Relay Race promoted teamwork and cooperation.
- **Fun & Engagement:** The day was filled with laughter, cheering, and memorable moments for everyone involved.

Appendix (includes photographs, brochure)







## Badminton Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Badminton (Men & Women)
<b>Event Date</b>	06 September, 2024
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	26

### About the Event:

The Department of Physical Education successfully organized an Inter-College Badminton Tournament from 06 September, 2024, at the Boys hostel Badminton court. The event saw participation from Lots of colleges. The court was filled with energy, cheers, and vibrant team spirit throughout the event.

### Outcomes:

Over the course of one day, a series of intense and competitive matches were held in a knockout format. All participating teams displayed commendable skills, teamwork, and discipline.

### **Men's Badminton Results:**

- Winner: Ayush (BCA)
- First Runner-up: Anshu (B. Tech.)

### **Women's Badminton Results:**

- First Position: Ayushi Chauhan (BPES)
- First Runner-up: Tanya Kajla (BCA)

### Closing Remark:

All the teams for their sportsmanship and applauded the efforts of the Department of Physical Education for organizing a well-structured and engaging tournament. The event not only highlighted

the athletic talents of the students but also fostered inter-college camaraderie and promoted the values of teamwork, discipline, and perseverance.

**Appendix (includes photographs, brochure):**





## Basketball Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Basketball (Men & Women)
<b>Event Date</b>	20 September, 2024
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	120

### About the Event:

The Department of Physical Education successfully organized an Inter-College Basketball Tournament from 20 September, 2024, at the college of Education and Low (Block-E) basketball court. The event saw participation from Lots of colleges, bringing together talented athletes to compete in a spirit of sportsmanship and unity. The court was filled with energy, cheers, and vibrant team spirit throughout the event.

### Outcomes:

Over the course of one day, a series of intense and competitive matches were held in a knockout format. All participating teams displayed commendable skills, teamwork, and discipline. The event was officiated by Mr. Shashank, a respected Basketball coach, whose expertise and fair judgment ensured the smooth conduct of all matches.

### **Men's Basketball Results:**

- Winner: BPES
- First Runner-up: BPED
- Second Runner-up: BCA

### **Women's Basketball Results:**

- First Position: BBA
- First Runner-up: BPED

- Second Runner-up:BPES

**Closing Remark:**

All the teams for their sportsmanship and applauded the efforts of the Department of Physical Education for organizing a well-structured and engaging tournament. The event not only highlighted the athletic talents of the students but also fostered inter-college camaraderie and promoted the values of teamwork, discipline, and perseverance.

**Appendix (includes photographs, brochure):**



Inter-College Basket ball (2024-25)



## Football Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Football (Men & Women)
<b>Event Date</b>	04 October, 2024
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	216

### About the Event:

The Department of Physical Education successfully organized an Inter-College Basketball Tournament from 04<sup>th</sup> October, 2024. A total of 12 men's teams and 04 women's teams representing various colleges within the University took part in the tournament. The event saw participation from Lots of colleges, bringing together talented athletes to compete in a spirit of sportsmanship and unity. The court was filled with energy, cheers, and vibrant team spirit throughout the event.

### Outcomes:

A series of intense and competitive matches were held in a knockout format. All participating teams displayed commendable skills, teamwork, and discipline. The event was officiated by Mr. Sidharth Rathi, a respected Football coach, whose expertise and fair judgment ensured the smooth conduct of all matches.

### **Men's Basketball Results:**

- Winner:PGDYED
- Runner-up:BPES

### **Women's Basketball Results:**

- First Position: BPED
- First Runner-up:BPES

### Closing Remark:

All the teams for their sportsmanship and applauded the efforts of the Department of Physical Education for organizing a well-structured and engaging tournament. The event not only highlighted the athletic talents of the students but also fostered inter-college camaraderie and promoted the values of teamwork, discipline, and perseverance.

### Appendix (includes photographs, brochure):







## **Kabaddi Inter-College (Men & Women)**

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Kabaddi (Men& Women)
<b>Event Date</b>	24 <sup>th</sup> to 25 <sup>th</sup> November, 2024
<b>Number of Days</b>	02
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	111

### **About the Event:**

The Inter-College Kabaddi Tournament for both men and women, Organized under the Department of Physical education 24<sup>th</sup> to 25<sup>th</sup> November, 2024. The Tournament Witnessed enthusiastic participation from various colleges, and the event was a great success, reflecting the growing interest in traditional sports like kabaddi.

The event was officiated by Mr. Rahul, a respected kabaddi coach, whose expertise and fair judgment ensured the smooth conduct of all matches. Assisting in the organization and management were BPED 2<sup>nd</sup>-year students Mr.Robin and Ms.Jyoti Soni, who played a crucial role in maintain discipline and coordinating between teams.

### **After a series of thrilling games, the boys and girls teams final results were:**

#### **Men's Kabaddi Results:**

- First Position: Team Kartik (BPED)
- Second Position: Team (BPES)

#### **Women's Kabaddi Results:**

- First Position: Team Jhansi
- Second Position: Team BPES

**Outcomes:**

A total of 07 men’s teams and 04 women’s teams representing various colleges within the University took part in the tournament. The competition format included a knockout stage followed by semi-finals and finals.

**Closing remarks-description:**

The tournament fostered healthy competition and sportsmanship among the students. We extend our congratulations to all participating teams, especially the Winners, for their commendable performance. We look forward to continued support in promoting sports and physical education activities within the institution.

**Appendix (includes photographs, brochure):**



Inter-College Kabaddi (Men’s & Women’s)







## All India Inter-University Taekwondo Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Taekwondo Championship (Men)
<b>Event Date</b>	06 <sup>th</sup> to 09 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	04
<b>Venue</b>	Guru Nanak Dev University, Amritsar
<b>Participants</b>	Students
<b>Student Engagement</b>	01

### About the Event:

A One member from IIMT University participated in the All-India Inter-University Taekwondo Championship for men which were hosted by Guru Nanak Dev University, Amritsar from the 06<sup>th</sup> to 09<sup>th</sup> Nov, 2024. The student executed their best efforts and made University proud of their performance.

Below are the details of the student represented the University:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. GAUAV YADAV	BPES

### Outcomes:

The Taekwondo Player gaurav yadav participation in the AIU competition showcased their dedication, discipline, and competitive spirit. They gained valuable experience competing at a higher level, improved their skills, and brought pride to their institution through their strong performances.

### Closing remarks-description:

This exposure has motivated the team to train harder and aim for greater achievements in future events. Overall, their participation was a significant step forward in promoting Taekwondo and empowering athletes.

Appendix (includes photographs, brochure):



All India Inter-University Taekwondo Championship (Men)

## North Zone Volleyball Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Volleyball Championship (Women)
<b>Event Date</b>	11 <sup>th</sup> to 15 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	04
<b>Venue</b>	Geeta University, Panipat
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

The Volleyball women's team of IIMT University participated in the North Zone Inter-University Women Volleyball Championship. The, Geeta University, Panipat was the host for this tournament which was organized from the 11<sup>th</sup> to 15<sup>th</sup> of Nov, 2024. The event typically features intense competition, with teams displaying high levels of skill, coordination, and athleticism.

The details of the team members are given below:

Sr. No.	Name	Course
1	MS. NANDINI	PGDYED
2	MS. HEENA	BPED
3	MS. MAHI SOOD	BPED
4	MS. KIRAN	BPED
5	MS. KULVINDER KAUR	BBA
6	MS. AAKANSHA	BPED
7	MS. PINKI	BPED
8	MS. DAMINI CHAUHAN	MCA
9	MS. JOYA	BPES
10	MS. SHIKHA VERMA	BPED
11	MS. PRERNA	B.PHARMA
12	MS. PRIYANKA SINGH	BPES

**Outcomes:**

The North Zone Girls Volleyball team showed great teamwork, skill, and determination throughout the tournament. Their strong performance helped boost confidence and brought recognition to the region. The experience also provided valuable exposure and motivated the players to improve further, strengthening the overall standard of girls' volleyball in the North Zone.

**Closing remarks-description:**

Our team competed with great spirit and showcased strong teamwork, resilience, and competitive energy throughout the tournament. Their participation not only highlighted the rising standard of women's volleyball at the university level but also inspired others to pursue excellence in the sport.

**Appendix (includes photographs, brochure):**



North Zone Volleyball Championship (Women)

## All India Inter-University Taekwondo Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Taekwondo Championship (Women)
<b>Event Date</b>	12 <sup>th</sup> to 15 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	03
<b>Venue</b>	Guru Nanak Dev University, Amritsar
<b>Participants</b>	Students
<b>Student Engagemen1t</b>	03

### About the Event:

Three members from IIMT University participated in the All India Inter-University Taekwondo Championship for Women which were hosted by Guru Nanak Dev University, Amritsar from the 12<sup>th</sup> to 15<sup>th</sup> Nov, 2024. The student executed their best efforts and made University proud of their performance.

Below are the details of the student represented the University:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MS. PRIYANSHI CHHONKAR	BPES
2	MS. HIMANSHI	BPES
3	MS. HARSHITA KHURANA	BPED

### Outcomes:

The girls' Taekwondo team's participation in the AIU competition showcased their dedication, discipline, and competitive spirit. They gained valuable experience competing at a higher level, improved their skills, and brought pride to their institution through their strong performances.

### Closing remarks-description:

This exposure has motivated the team to train harder and aim for greater achievements in future events. Overall, their participation was a significant step forward in promoting Taekwondo and empowering female athletes.

**Appendix (includes photographs, brochure):**



All India Inter-University Taekwondo Championship (Women)



## North Zone Inter-University Kabaddi Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Kabaddi Championship (Men)
<b>Event Date</b>	13 <sup>th</sup> to 16 <sup>th</sup> November, 2024
<b>Number of Days</b>	03
<b>Venue</b>	Lovely Professional University, Punjab
<b>Participants</b>	Students
<b>Student Engagement</b>	14

### **About the Event:**

North Zone Inter-University Kabaddi Championship for Men was hosted by LPU, Punjab from the 13<sup>th</sup> to 16<sup>th</sup> November, 2024. Team IIMT University won its first match which was a nail-biting competition between both teams, the match was appreciated by all the viewers, and they congratulated both teams for their performance, but the team could not qualify for the next round. IIMT University's team's details are mentioned below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. HIMANSHU PUNDEER	BPES
2	MR. VIKRANT KUMAR	BCA
3	MR. ROBIN	BPES
4	MR. SIDDHARTH	BPES
5	MR. VANSI CHAUDHARY	BCA
6	MR. KARAN CHAUDHARY	BSC
7	MR. KARTIKEY PANWAR	BPED
8	MR. NIKHIL TEVATHIYA	BPED
9	MR. ROHIT JAAT	BPES
10	MR. AKASH TEVATHIYA	BPED
11	MR. VISHAL	BSC(CS)
12	MR. SUJEET GUPTA	B.TECH(CSE)
13	MR. RONAK TEVATHIYA	BPED
14	MR. MOHD FARHAN	BALLB

**Outcomes:**

The boys' Kabaddi team participated in the North Zone Inter-University competition with great enthusiasm and determination. Their strong teamwork and strategic play helped them perform well against tough opponents, gaining valuable experience at the university level.

**Closing remarks-description:**

The competition boosted the team's confidence and highlighted areas for further improvement. Overall, their participation was a proud achievement and an important step toward strengthening the college's Kabaddi program.

**Appendix (includes photographs, brochure):**



## North East Zone Volleyball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North East Zone Volleyball Championship (Men)
<b>Event Date</b>	22 <sup>th</sup> to 26 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	04
<b>Venue</b>	Gurukul kangri
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

The Volleyball Men team of IIMT University participated in the North Zone Inter-University Men Volleyball Championship. The, Gurukul kangri, was the host for this tournament which was organized from the 22<sup>th</sup> to 26<sup>th</sup> Nov, 2024. The Boys made us proud by their performance throughout the tournament. The team performed exceptionally well in the initial rounds, securing victories in the first four matches. Their hard work, strategic play, and teamwork led them to dominate the group stages, earning appreciation from the tournament organizers and spectators alike. However, in the quarterfinal match, despite putting up a strong fight, our team faced a challenging opponent and unfortunately lost. The match was intensely competitive, and our players demonstrated resilience and skill but were unable to secure a win.

The details of the team members are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. SIDDHARTH TOMAR	BPED
2	MR. VINAY VERMA	BPED
3	MR. SAKSHAM	BPED
4	MR. DUSHANT PRATAP SINGH	BPED
5	MR. AASHISH KANDARI	BPED
6	MR. SHAGUN CHAUDHARY	BPED

7	MR. BHARAT	BPED
8	MR. ARPIT BALIYAN	BPED
9	MR. VIPUL DHAMA	BPED
10	MR. ROHIT KUMAR	BPES
11	MR. ANKUSH DESHWAL	BPED
12	MR. SHUBHAM KUMAR	BPED
13	MR. HIMASHU	BAMS
14	MR. UTTAM KHARE	BPED

**Outcomes:**

The boys' Volleyball team participated in the North Zone Inter-University competition with great skill and determination, winning their first four matches impressively. Their strong teamwork, coordination, and competitive spirit were key their success. This outstanding performance boosted the team's confidence and brought pride to the University.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students. Overall, their achievements reflect their hard work and commitment, inspiring them to aim even higher in future competitions.

**Appendix (includes photographs, brochure):**



North East Zone Volleyball Championship (Men)

## Central Zone Inter-University Football Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Central Zone Inter-University Football Championship (Men)
<b>Event Date</b>	22 <sup>th</sup> to 28 <sup>th</sup> of November, 2024
<b>Number of Days</b>	06
<b>Venue</b>	CSJMU, Kanpur
<b>Participants</b>	Students
<b>Student Engagement</b>	22

### **About the Event:**

IIMT University's Football team participated in the Central Zone Inter-University Football championship for men, which was hosted by CSJMU, Kanpur from 22<sup>th</sup> to 28<sup>th</sup> of November, 2024. Football team has successfully secured Second Place in the recently concluded Central Zone Inter-University Football championship. Our team exhibited remarkable skills, determination, and sportsmanship throughout the tournament, making us proud.

Team IIMT University's participants' details are mentioned below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. MANIK BALIYAN	BPES
2	MR. AYUSH TIWARI	PGDYE
3	MR. VIVEK TEOTIA	BPES
4	MR. RISHAB GIRI	PGDYE
5	MR. KAVEENDRA SINGH	BPED
6	MR. SHASHANK RANA	MPES
7	MR. NISHANT GUSAI	BPED
8	MR. NISCHAL LEKHAK	PGDYE
9	MR. SATYAM VIVEK	PGDYE
10	MR. UDIT CHAUDHARY	MPES

11	MR. RAJNISH	PGDYED
12	MR. TANMAY MAUNI	PGDYE
13	MR. RISHABH	BPES
14	MR. MILIND NEGI	BPED
15	MR. KUSHAGRA	BPES
16	MR. PRANANJAY SINGH	BPED
17	MR. PIYUSH BHANDARI	PGDYE
18	MR. AKSHUNNA TYAGI	BPED
19	MR. YAMAN SINGH	PGDYE
20	MR. NIKHIL MANHAS	BPED
21	MR.AKASH BARMAN	BPED
22	MR.ANKIT BISHT	BPED

**Outcomes:**

The championship was a valuable experience for our players, providing exposure to high-level competition and sharpening their technical and tactical abilities. Their performance reflected months of dedicated training and teamwork, boosting confidence and setting a strong foundation for future tournaments.

**Closing remarks-description:**

Securing second place in such a prestigious championship is a moment of pride for our university. We congratulate the entire team and coaching staff for their outstanding efforts and commitment. This achievement not only highlights the potential of our football program but also inspires others to strive for excellence in sports. We look forward to seeing the team reach even greater heights in upcoming competitions.

**Appendix (includes photographs, brochure):**



## North Zone Inter-University Badminton Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Badminton Championship (Women)
<b>Event Date</b>	23 <sup>th</sup> to 26 <sup>th</sup> of November, 2024
<b>Number of Days</b>	06
<b>Venue</b>	Himachal Pradesh University, Shimla
<b>Participants</b>	Students
<b>Student Engagement</b>	6

### About the Event:

A 06 members team from IIMT University participated in the North Zone Inter-University Badminton Championship for Women which were hosted by Himachal Pradesh University, Shimla from the 23<sup>th</sup> to 26<sup>th</sup> Nov, 2024. The student executed their best efforts and made University proud of their performance.

The teams' details are provided in the below table:

### **Women's Team:**

Sr. No.	Name	Course
1	MS. SNEHA	BSC
2	MS. DRISHTI SINGH	BPES
3	MS. KUMKUM SHREE	BPED
4	MS. TANYA KAJLA	BCA
5	MS. AYUSHI CHAUHAN	BPES
6	MS. AYUSHI DHAKA	BPED

**Outcomes:**

North Zone Inter-University Badminton Championship for women provided a platform for the college and university students. IIMT University with its 06 women team member's participated in this tournament. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students.

**Appendix (includes photographs, brochure):**

North Zone Inter-University Badminton Championship (Women)





## North Zone Inter-University Basketball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Basketball Championship (Men)
<b>Event Date</b>	25 <sup>th</sup> to 30 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	04
<b>Venue</b>	Kurukshetra University
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

The Basketball team of IIMT University participated in the North Zone Inter-University Basketball Championship for men. The tournament was organized in Kurukshetra by Kurukshetra University. The tournament was held from the 25<sup>th</sup> to 30<sup>th</sup> Nov, 2024. A team of 12 members got an opportunity to represent the University. The IIMT University boys' team displayed commendable sportsmanship, discipline, and skill throughout the tournament.

The details of the team members are given below:

Sr. No.	Name	Course
1	MR. TANISHQ	BPES
2	MR. LAKSHYA MALIK	BPES
3	MR. HARSHIT	BPES
4	MR. RAHUL SHARMA	BPED
5	MR. MOHD SUBHAN	MPES
6	MR. BHAVY KAUSHIK	BPED
7	MR. YASH TEOTIA	BPED
8	MR. DIVYANSHU RAJ	BPES
9	MR. VINEET	BPED
10	MR. PIYUSH ANAND	MBA

11	MR. TANUJ GAUR	BCA
12	MR. ARSH THAKUR	BCA.

**Outcomes:**

North Zone Inter-University Basketball Championship provided a platform for the college and university students. Advancing to the quarterfinals is a significant achievement and reflects the growing strength of basketball at the University. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Participation in the Inter-University Boys’ Basketball Tournament was a positive and enriching experience for IIMT University. The tournament highlighted areas for improvement while also showcasing the promising talent present in the team. With continued support and training, the team aims to progress further in future tournaments

**Appendix (includes photographs, brochure):**





North Zone Inter-University Basketball Championship (Men)



## Boxing Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Boxing (Men & Women)
<b>Event Date</b>	06 <sup>th</sup> December, 2024
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	10

### About the Event:

The Department of Physical Education successfully organized an Inter-College Boxing Tournament from 20 September, 2024. The event saw participation from Lots of colleges, bringing together talented athletes to compete in a spirit of sportsmanship and unity. The Boxing ring was filled with energy, cheers, and vibrant team spirit throughout the event.

### Outcomes:

Over the course of one day, a series of intense and competitive matches were held in a knockout format. All participating Players displayed commendable skills, and discipline. The event was officiated by Ms. Reena, a respected boxing coach, whose expertise and fair judgment ensured the smooth conduct of all matches.

### Men's Boxing Results:

<b>Gold Medal</b>	<b>Silver Medal</b>
Randhir	Naman
Manish	Sujal
Yuvraj	Tushar
Vivek	Aniket

**Women's Basketball Results:**

Gold Medal	Silver Medal
Sangeeta	Sneha

**Closing Remark:**

All the teams for their sportsmanship and applauded the efforts of the Department of Physical Education for organizing a well-structured and engaging tournament. The event not only highlighted the athletic talents of the students but also fostered inter-college camaraderie and promoted the values of teamwork, discipline, and perseverance.

**Appendix (includes photographs, brochure):**



Inter-College Boxing (Men & Women)



Inter-College Boxing (Men & Women)



## Youth Sports Carnival (2024-25)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Youth Sports Carnival
<b>Event Date</b>	14 <sup>th</sup> to 15 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	02
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	School Students
<b>Student Engagement</b>	504

### **Objective:**

- To provide a platform and opportunity to the School students to take part in the competition to display their skills.
- To promote and develop the sports spirit among youth.
- Strengthen bonds and foster camaraderie among participating schools.
- Support the overall personality development of students through sports.

### **Plan of action:**

The Youth Sports Carnival Sports Fest 2024-25 will feature competitions in Basketball, Football, Kabaddi, Volleyball, and Boxing organized in a knockout format to provide an intense and competitive environment. Teams will be invited from nearby locations to ensure ease of participation, with invitations extended through formal communication to schools and promotions on social media platforms for greater outreach. Each match determining the advancing team, leading to semi-finals and finals for each sport. This setup will allow participants to showcase their skills in diverse sports while fostering a spirit of sportsmanship and collaboration among schools.

### **Event Overview:**

The annual Youth Carnival was successfully held with great enthusiasm and participation from young athletes across the region. The event served as a platform to encourage sportsmanship, teamwork, and healthy competition among youth. This year's carnival featured five main sports: Football, Volleyball, Kabaddi, Basketball, and Boxing.

### **Event Highlights and Outcomes:**

**Football:** The football tournament saw high-energy matches between well-prepared teams. With impressive teamwork and strategy, the final match ended in a thrilling penalty shootout. There were 11 Teams in the football tournament and conducted by Mr. Sidharth Rathi.

**Volleyball:** The Volleyball tournament, a key event of the youth Carnival, was successfully organized under the leadership of Mr. Shubham. The tournament witnessed enthusiastic participation from 16 boys' teams, showcasing excellent sportsmanship and competitive spirit.

Among the 16 teams, the top three positions were secured as follows:

- **DPM Public School** – 1<sup>st</sup> Position
- **Golden Heart Academy** – 2<sup>nd</sup> Position
- **St. Francis Public School** – 3<sup>rd</sup> Position

**Kabaddi:** As part of the Youth Carnival, a Kabaddi Tournament was successfully organized under the supervision of Mr. Rahul. The event featured the participation of 8 boys' teams, each displaying exceptional strength, strategy, and sportsmanship. The competition followed a Knockout format.

After a series of intense rounds, the final results were as follows:

- **Rockland Public School** – 1<sup>st</sup> Position
- **Saini public School** – 2<sup>nd</sup> Position
- **DPM Public School** – 3<sup>rd</sup> Position

**Basketball:** The Basketball Tournament, a major attraction of youth carnival, was efficiently conducted under the guidance of Mr. Shahsank. A total of 16 boys' teams participated in the tournament. The matches were conducted in a knockout format.

After a series of thrilling games, the boys' teams' final results were:

- **St. Thomas School** – 1<sup>st</sup> Position
- **Darshan Academy** – 2<sup>nd</sup> Position
- **St. John's School** – 3<sup>rd</sup> Position

The Girls' tournament also saw energetic participation and excellent. The final rankings were:

- **MPGS Shastri Nagar** – 1<sup>st</sup> Position

- **Ballram Brijbhushan Saraswati Shishu Mandir (BBSSM)** – 2<sup>nd</sup> Position
- **Darshan Academy** – 3<sup>rd</sup> Position

**Boxing:** As part of the Youth Carnival, a Boxing Tournament was successfully organized under the leadership of Ms.Reena. The tournament featured matches across 13 different weight categories, allowing young boxer to showcase their strength, skills, and techniques. Each bout was conducted under fair supervision, ensuring safety and sportsmanship.

**Notable Results:**

- **Weight Category: 28-32 kg**
  - Arhaan – Gold – SVPS
  - Ishan – Silver – SVPS
- **Weight Category: 33-35 kg**
  - Ayush – gold – SVPS
  - Aansh – Silver - SVPS
- **Weight Category: 35-40 kg**
  - Mayank – Gold – SVPS
  - Shourya – Silver - SVPS
- **Weight Category: 40-42 kg**
  - Ayush Sonkar – Gold –NAS
  - Divyansh Chaudhary – Silver – SVPS
- **Weight Category: 42-45 kg**
  - Mayank – Gold –IIMT
  - Aryan – Silver –SVPS
- **Weight Category: 45-50 kg**
  - Krishna – Gold –SVPS
  - Dev Kaushik – Silver –SVPS
- **Weight Category: 50-55 kg**
  - **Boys Category**
    - Deepak Rana –Gold –IIMT
    - Abhishek Rawat – Silver –SVPS
    - Arjun – Bronze
  - **Girls Category**

- Rabya – Gold – DEL
  - Vanshika – Silver – IIMT
- **Weight Category: 55-60 kg**
  - **Boys Category**
    - Atul –Gold –
    - Nikhil – Silver –
  - **Youth**
    - Morish – Gold –DEL
    - Abhinav – Silver – SVPS
    - Aryan – Gold – IIMT
    - Manish – Silver – SVPS
- **Weight Category: 60-65 kg**
  - Deepanshu – Gold –IIMT
  - Harsh – Silver - IIMT
- **Weight Category: 65-70 kg**
  - Dhruv Rawart –Gold –SVPS
  - Maan –Silver – NAS
  - Aarav –Gold –SVPS
  - Nirmana – Silver – DEL
- **Weight Category: 70-75 kg**
  - Krish –Gold – KPS
  - Arjun – Silver-
- **Weight Category: 75-80 kg**
  - Budh Priya – Gold –IIMT
  - Archit Sharma – Silver –
- **Weight Category: 80-85 kg**
  - Rihan – Gold – NAS
  - Visha – Silver -

The dominance of Swami Vivekananda Public School across multiple categories led them to secure the overall Winner’s Trophy, reflecting the school’s focus on discipline and boxing excellence.

**Closing remarks-description:**

The private companies now understand the importance of the sports that's why they are investing in the sports. These competitions are proving the opportunities for the many players at the national and international level.

**Appendix (includes photographs, brochure)**

Youth Sports Carnival (2024-25)











## All India Inter-University Archery Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Archery Championship (Men & Women)
<b>Event Date</b>	24 <sup>th</sup> to 27 <sup>th</sup> Nov, 2024
<b>Number of Days</b>	03
<b>Venue</b>	KIIT, Bhubaneswar
<b>Participants</b>	Students
<b>Student Engagement</b>	05

### About the Event:

IIMT University participated in the All India Inter-University Archery Championship for women. The tournament was organized by from the KIIT, Bhubaneswar 24<sup>rd</sup> to 27<sup>th</sup> of December 2024. The boys' and girls' Archery teams proudly participated in the AIU Inter-University Competition, showcasing their focus, skill, and dedication on a highly competitive platform.

The details of the student are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MS. AYUSHI LINGWAL	MSC
2	MS. SHIKHA RANI	MSC
3	MS. RICHA	BPES
4	MS.PANKAJ KUMAR	MSC
5	MS.NITISH KUMAR	BPED

### Outcomes:

Their participation provided valuable exposure to high-level competition, helping them improve their technique and mental strength under pressure. A few team members achieved commendable individual scores, reflecting their potential for future success.

### Closing remarks-description:

Overall, the experience was enriching and motivating, and it marked a positive step toward further growth of archery in the institution. The teams return with greater confidence and commitment to excel in upcoming events.

**Appendix (includes photographs, brochure):**





## All India Inter University Yoga Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter University Yoga Championship (Men & Women)
<b>Event Date</b>	24 <sup>th</sup> to 27 <sup>th</sup> December, 2024
<b>Number of Days</b>	03
<b>Venue</b>	KIIT University, Bhubaneswar
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

Yoga squad of 12 members from IIMT University participated in All India Inter University Yoga Championship which was held at Bhubaneswar. The tournament was organized by KIIT University, Bhubaneswar on 24<sup>th</sup> to 27<sup>th</sup> December, 2024. There were 06 women and 06 men participants from the University. This was a great platform for all the participants where they got an opportunity to compete at All India level. All the participants were satisfied with their performance, because they contested with other national as well as International level player.

The list of the IIMT squad is given below:

Sr. No.	Name	Course
1	MR. SAWANT SHUBHAM VIKAS	BPES
2	MR. AKASH	BPED
3	MR. KULDEEP SINGH	BPED
4	MR. ADITYA KUMAR	BNYS
5	MR. SAURABH ANAND	BNYS
6	MR. DEEPAK	BNYS
7	MS. KUMKUM SHREE	BPED
8	MS. ANURADHA	BNYS
9	MS. VARNIKA	BNYS
10	MS. NIDHI KUMARI SINGH	BPED

11	MS. AAKRITI SINGH	BNYS
12	MS. VARSHA	BNYS

**Outcomes:**

Yogic activities develop physical, emotional, and mental health. It also increases flexibility, muscle strength and tone and improves respiration, energy and vitality. Students got exposure for the competition and opportunity to learn the many things about the yoga and its benefits. Yogic activities develop physical, emotional, and mental health.

**Closing remarks-description:**

The participation of both the men’s and women’s Yoga teams in the AIU Inter-University Competition was a commendable achievement, reflecting their dedication, discipline, and deep understanding of yogic practices.

**Appendix (includes photographs, brochure):**





## All India Inter University Athletics Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter University Athletics Championship (Men & Women)
<b>Event Date</b>	26 <sup>th</sup> to 30 <sup>th</sup> December, 2024
<b>Number of Days</b>	04
<b>Venue</b>	KIIT University, Bhubaneswar
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

12 Athletes from IIMT University participated in All India Inter University Athletics Championship which was held at Bhubaneswar. The tournament was organized by KIIT University, Bhubaneswar on 26<sup>th</sup> to 30<sup>th</sup> December, 2024. There were 04 women and 23 men participants from the University. This was a great platform for all the participants where they got an opportunity to compete at All India level. All the participants were satisfied with their performance, because they contested with other national as well as international level player.

The list of the IIMT squad is given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. HARSH GODARA	BPED
2	MR. NITYAM TYAGI	BPES
3	MR. AARAV MALIK	BPES
4	MR. AKSHAT SHARMA	BPES
5	MR. HARIOM	BPED
6	MR. MOHD GULJAR	BSC. NUR
7	MR. SAWANT SHUBHAM VIKAS	BPES
8	MR. BADAL	D.PHARMA
9	MS. JYOTI	BPES

10	MS. KULDEEP SINGH	BPED
11	MR. AMIT KUMAR	BPES
12	MR. PREET JANGID	BPED
13	MR. PANKAJBALIYAN	BPED
14	MS. PALAK YADAV	MBA
15	MR. PAWAN	BPED
16	MR. ARPIT TEOTIA	BA
17	MR. HARSH PUNDIR	BPES
18	MR. YOGESH KUMAR MEENA	BPED
19	MS. PRIYA POSWAL	BSC
20	MR. VIPUL PUNDIR	BPED
21	MR. TAKHELLAMBAM TAISON	B.Tech
22	MR. PRINCE KUMAR	BPED
23	MR. ABHIJEET KUMAR	BPES
24	MR. YOGINDER SINGH	BPED
25	MR. PRASHANT BHADANA	BPES
26	MS. KHUSHI TYAGI	BPED
27	MR. SATYAM SINGH	BPED

**Outcomes:**

All India Inter University Athletics Championship was a good platform for the university students. Total 27 students from IIMT University participated in this Athletic event. It was nice experience and exposure for the student to compete at this level.

**Closing remarks-description:**

The athletes demonstrated exceptional determination, endurance, and sportsmanship across various track and field events. While the experience allowed them to compete at a higher level, it also offered valuable learning and motivation for future events. Their efforts have inspired others and strengthened the athletic culture within the college. We congratulate all participants and look forward to even greater achievements ahead.

**Appendix (includes photographs, brochure):**



## All India Inter-University Boxing Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Boxing Championship (Men)
<b>Event Date</b>	26 <sup>th</sup> Dec to 02 <sup>th</sup> of January, 2025
<b>Number of Days</b>	07
<b>Venue</b>	Guru Kashi University, Bathinda
<b>Participants</b>	Students
<b>Student Engagement</b>	04

### About the Event:

IIMT University with a team of three members participated in the All India Inter-University Boxing Championship for men, which was held from 26<sup>th</sup> Dec to 02<sup>th</sup> of January, 2025. Boxing is a full-contact combat sport and a form of Boxing based on punching and foot movement. The All India Inter-University Boxing Championship brought together top student boxers from across the country for a thrilling display of strength, skill, and determination.

The participants from IIMT University are listed below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. RANDHIR SINGH	BPED
2	MR. SAHILPAWAR	BPES
3	MR AMAN SINGH	BPES
4	MR. YUVRAJ SINGHCHAUHAN	BA

### Outcomes:

The championship witnessed fierce competition across all weight categories. Several boxers delivered standout performances, earning well-deserved victories. The event also highlighted emerging talent, proving the growing popularity and potential of university-level boxing in India. **Closing remarks-description:**

The event served as a national platform for young talent to compete and shine in the sport of boxing. We wish everyone continued success and look forward to another exciting championship next year. Stay strong, and keep fighting with spirit.

Appendix (includes photographs, brochure):



All India Inter-University Boxing Championship (Men)

## All India Inter-University Netball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Netball Championship (Men)
<b>Event Date</b>	03 <sup>th</sup> to 05 <sup>th</sup> of January, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Suresh Gyan Vihar University, Jaipur
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

The Netball team of IIMT University participated in the All India Inter-University Netball Championship for men. The tournament was organized in Suresh Gyan Vihar University, Jaipur. The tournament was held from the 03<sup>th</sup> to 05<sup>th</sup> of January, 2025. A team of 12 members got an opportunity to represent the University.

The details of the team members are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. PARVENDRA SINGH	BCA
2	MR. CHETAN SHARMA	BCA
3	MR. HARSHIT	BPES
4	MR. RAHUL SHARMA	BPED
5	MR. SCIENTIST TAOREM	BPES
6	MR. BHAVY KAUSHIK	BPED
7	MR. YASH TEOTIA	BPED
8	MR. SUNNY MALIK	BPED
9	MR. ABHISHEK NAGAR	BALLB
10	MR. PIYUSH ANAND	MBA

11	MR. TANUJ GAUR	BCA
12	MR. PUKHRAMAM TIDSMAN MEITEI	BPES

**Outcomes:**

The championship featured thrilling matches with outstanding performances by several teams. The finalists demonstrated excellent coordination and strategy, with the winning team securing a well-earned victory. The tournament also highlighted rising stars who showed great promise for the future of Indian netball.

**Closing remarks-description:**

The event showcased high levels of teamwork, agility, and competitive spirit, making it a true celebration of netball talent at the collegiate level. We look forward to seeing even greater performances in the future. Until next time, keep playing with passion and pride.

**Appendix (includes photographs, brochure):**



All India Inter-University Netball Championship (Men)



## All India Inter-University Wrestling Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Wrestling Championship (Men)
<b>Event Date</b>	05 <sup>th</sup> to 12 <sup>th</sup> of January, 2025
<b>Number of Days</b>	07
<b>Venue</b>	Guru Kashi University, Bhatinda
<b>Participants</b>	Students
<b>Student Engagement</b>	03

### About the Event:

IIMT University with a team of three Athletes participated in the All India Inter-University Wrestling Championship for men, which was held from 05<sup>th</sup> to 12<sup>th</sup> January, 2025. Our wrestler exhibited great determination and skill throughout the competition. Our player Ashvani Dhillon performed exceptionally well, winning the first two rounds with outstanding technique and perseverance. His victories in these rounds showcased his dedication and rigorous training. However, during the third-round match, he sustained a shoulder injury while competing against a tough opponent. Despite his best efforts, the injury prevented him from continuing the match, leading to an unfortunate end to his campaign in the tournament.

The participants from IIMT University are listed below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. SONU PUNIA	BPES
2	MR. ASHVANI DHILLON	BA
3	MR. ABHISHEK KHOKHAR	PGDYM

### Outcomes:

Our university's wrestling team participated with great determination and spirit, delivering commendable performances throughout the tournament. The event provided our athletes with

valuable experience, exposure to high-level competition, and an opportunity to measure their skills against some of the best in the country.

**Closing remarks-description:**

The All India Inter-University Wrestling Championship proved to be a significant milestone for our men's wrestling team. Their participation has not only added to their experience but also strengthened their resolve to perform better in future competitions.

**Appendix (includes photographs, brochure):**



All India Inter-University Wrestling Championship (Men)



## All India Inter-University Shooting Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Shooting Championship (Men & Women)
<b>Event Date</b>	08 <sup>th</sup> to 18 <sup>th</sup> Jan, 2025
<b>Number of Days</b>	10
<b>Venue</b>	Punjab University, Chandigarh
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

A shooting team of three members from IIMT University represented in the All India Inter-University Shooting Championship for Men & women which was organized by Punjab University, Chandigarh from 08<sup>th</sup> to 18<sup>th</sup> Jan 2025 at Punjab. The boys' and girls' Shooting teams participated in the AIU Inter-University Competition with focus, precision, and a strong competitive spirit.

The members of the University team are listed below:

Sr. No.	Name	Course
1	MR. NIKHIL	BPED
2	MR..KUSHAL CHAUDHARY	BPES
3	MR. NIKHIL KUMAE SINGH	BPES
4	MR. KARTIK SHARMA	BPED
5	MR. AHINAV DOYLA	BBA
6	MR. JAGAT SINGH	BPED
7	MR. VINAYAK BAHADUR	BTECH
8	MS. YASHIKA SREEN	BPES
9	MS. KHUSHI BHADNA	BPES
10	MS.MUSKAN VERMA	BTECH

11	MS. SHAGUN	MPES
12	MS.MANVI SHARMA	CSE

**Outcomes:**

The event brought together top shooters from across the country, providing a challenging yet rewarding experience. Both teams performed admirably, with several members achieving personal bests and gaining valuable exposure to national-level competition standards. The experience helped sharpen their skills under pressure and boosted their confidence for future events.

**Closing remarks-description:**

Overall, their participation was a significant step forward in the growth of the college’s shooting program. The dedication and discipline shown by the teams are truly commendable, and we look forward to their continued success and higher achievements in upcoming competitions.

**Appendix (includes photographs, brochure):**





## North Zone Inter-University Judo Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Judo Championship (Men & Women)
<b>Event Date</b>	09 <sup>th</sup> to 12 <sup>th</sup> January, 2025
<b>Number of Days</b>	03
<b>Venue</b>	GNDU, Amritsar
<b>Participants</b>	Students
<b>Student Engagement</b>	06

### About the Event:

IIMT University participated in the North Zone Inter-University Judo Championship for men & Women. The championship was hosted by GNDU, Amritsar from the 09<sup>th</sup> to 12<sup>th</sup> January, 2025. A team of 06 members from the university participated with enthusiasm and put their best efforts in all the bouts they fought. Our University's Judo player Meenakshi Yadav participate in this Competition. Her dedication, skill, and hard work have earned her remarkable achievements. Her consistent efforts and competitive spirit have led to her selection for both the Association of Indian Universities (AIU) team and the prestigious Khelo India program.

The details of the team members are given below:

Sr. No.	Name	Course
1	MR. UJJAWAL CHOUDHARY	BPED
2	MR. PERV GAUTAM	BPES
3	MR. UDAY PRATAP SINGH	BPES
4	MS. MEENAKHSI YADAV	BPED
5	MS. MUSKAN GARG	BPES
6	MS. SIMRAN	BALLB

### Outcomes:

The championship saw exceptional performances across various weight categories, with several close and thrilling bouts. The winning teams and individual judo demonstrated outstanding skill and determination. Many young athletes emerged as promising talents for future national-level competitions.

**Closing remarks-description:**

The level of skill and determination displayed throughout the event was truly inspiring. A special mention to our university's team member **Meenakshi**, who delivered an outstanding performance and made us all proud. Her dedication, strength, and technique stood out and added great value to our team's overall success.

**Appendix (includes photographs, brochure):**



North Zone Inter-University Judo Championship (Men & Women)



## All India Inter-University Judo Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Judo Championship (Men & Women)
<b>Event Date</b>	15 <sup>th</sup> to 17 <sup>th</sup> January, 2025
<b>Number of Days</b>	03
<b>Venue</b>	GNDU, Amritsar
<b>Participants</b>	Students
<b>Student Engagement</b>	06

### About the Event:

IIMT University participated in the All India Inter-University Judo Championship for men & Women. The championship was hosted by GNDU, Amritsar from the 09<sup>th</sup> to 12<sup>th</sup> January, 2025. A team of 06 members from the university participated with enthusiasm and put their best efforts in all the bouts they fought. Our University's Judo player MeenakshiYadav participate in this Competition. Her dedication, skill, and hard work have earned her remarkable achievements.

Meenakshi has been performing exceptionally well, demonstrating great technique and determination in her matches. Her consistent efforts and competitive spirit have led to her selection for Khelo India program. These selections highlight her talent and potential to excel at higher levels of competition. Her achievements bring great pride to our university, and we believe she will continue to represent us with distinction in future tournaments.

The details of the team members are given below:

Sr. No.	Name	Course
1	MR. UJJAWAL CHOUDHARY	BPED
2	MR. PERV GAUTAM	BPES
3	MR. UDAY PRATAP SINGH	BPES
4	MS. MEENAKHSI YADAV	BPED

5	MS. MUSKAN GARG	BPES
6	MS. SIMRAN	BALLB

**Outcomes:**

North Zone Inter-University Judo Championship was a good stage for the university students. 06 students from IIMT University took part in this tournament. It was nice experience and exposure for the students to compete at this level.

**Closing remarks-description:**

Students should be motivated and facilitated to participate in such kinds of tournaments this will help not only in the promotion of the sport but also to enhance the fitness standard of the students. We hope this championship has not only been a competition but a celebration of judo, discipline, and the spirit of healthy competition. Let's carry forward the lessons learned here and continue to strive for excellence in all our future endeavors.

**Appendix (includes photographs, brochure):**



## North East Inter-University Wt. lifting Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North East Inter-University Wt. Lifting Championship (Men)
<b>Event Date</b>	11 <sup>th</sup> to 12 <sup>th</sup> January, 2025
<b>Number of Days</b>	01
<b>Venue</b>	LPU
<b>Participants</b>	Students
<b>Student Engagement</b>	01

### About the Event:

North East Inter-University Wt. Lifting Championship was organized by LPU, Punjab from 11<sup>th</sup> to 12<sup>th</sup> January, 2025 for men at Punjab. Mr. Ujjwal Sharma a student from BPES participated in this event. This prestigious event brought together the best weightlifters from various universities in the North East, creating a competitive and exciting atmosphere.

The details of the student participated are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. UJJWAL SHARMA	BPES

### Outcomes:

A Wt.lifting sports students have the opportunities to learn this sport and they can easily compete at higher level. This sport is recently included in the AIU sports and our student **Mr.** Ujjwal Sharma grabbed this opportunity to participate in this tournament. He has qualified for all India inter university wt.lifting Championship. In North East Inter-University Wt. Lifting Championship He secures 4<sup>th</sup> position.

### Closing remarks-description:

The winners demonstrated remarkable power, precision, and grit, while all participants displayed unwavering dedication to the sport. Every lift, every effort was a testament to their hard work and commitment to excellence.

Appendix (includes photographs, brochure)



North East Inter-University Wt. Lifting Championship (Men)

## All India Inter-University Wt. lifting Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Wt. Lifting Championship (Men)
<b>Event Date</b>	15 <sup>th</sup> to 18 <sup>th</sup> January, 2025
<b>Number of Days</b>	01
<b>Venue</b>	LPU
<b>Participants</b>	Students
<b>Student Engagement</b>	01

### About the Event:

North East Inter-University Wt. Lifting Championship was organized by LPU, Punjab from 15<sup>th</sup> to 18<sup>th</sup> January, 2025 for men at Punjab. Mr.Ujjwal Sharma a student from BPES participated in this event. Through consistent effort and determination, he secured the 9<sup>th</sup> position in his category. His performance brought pride to the university and highlighted his potential for further growth in the sport.

The details of the student participated are given below:

Sr. No.	Name	Course
1	MR. UJJWAL SHARMA	BPES

### Outcomes:

The AIU Weightlifting Championship concluded on a high note, celebrating not just the winners, but all participants who demonstrated perseverance and sportsmanship. IIMT University is proud of Ujjwal Sharma's achievement and views his 9<sup>th</sup> place finish as a stepping stone toward future success in weightlifting.

### Closing remarks-description:

Such kinds of tournaments should continuously be organized for the promotion of sport as well as to enhance the fitness standard of the students. The event reaffirmed the importance of university-level

sports in developing future champions and fostering a healthy competitions and fostering a healthy competitive environment among youth.

**Appendix (includes photographs, brochure)**





## North Zone Inter University Kabaddi Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter University Kabaddi Championship (Women)
<b>Event Date</b>	18 <sup>th</sup> to 21 <sup>th</sup> January, 2025
<b>Number of Days</b>	03
<b>Venue</b>	Guru Kashi University
<b>Participants</b>	Students
<b>Student Engagement</b>	10

### About the Event:

The Kabaddi women's team of IIMT University participated in the North Zone Inter-University Women Kabaddi Championship. The, Guru Kashi University was the host for this tournament which was organized from the 18<sup>th</sup> to 21<sup>th</sup> January, 2025. The girls made us proud by their performance throughout the tournament. The team played with great determination and skill, securing victory in three matches. Their teamwork, strategy, and dedication were commendable, reflecting their rigorous training and commitment to the sport. However, in their next match, they faced a tough opponent and, despite their best efforts, were unable to secure a win. Their success in the tournament highlights their potential, and we look forward to their continued achievements in future competitions. With further training and support, they can reach even greater heights.

The details of the team members are given below:

Sr. No.	Name	Course
1	MS. DIVYASHI	BPED
2	MS. NIDHI KUMARI SINGH	BPED
3	MS. PRACHI CHANDELA	BPED
4	MS. BHARTI	BPED
5	MS. DRISTI SINGH	BPES
6	MS. JYOTI GAUTAM	BPED

7	MS. JYOTI SONI	BPED
8	MS. MEENA SHARMA	BPES
9	MS. RANIKA SINGH	BCA
10	MS. RIDAM RATHI	BPES

**Outcomes:**

North Zone Inter University Kabaddi Championship served as a good platform for the women participants of the university. A team of 10 students from IIMT University participated in this tournament. They were won 1<sup>st</sup> and 2<sup>nd</sup> round and loss in 3<sup>rd</sup> round. It was nice experience and exposure for the students to contend at this level.

**Closing remarks-description:**

Our university team delivered a commendable performance, showing great coordination, determination, and fighting spirit throughout the tournament. Their hard work and unity on the field made us proud and reflected the true essence of kabaddi.

**Appendix (includes photographs, brochure):**



## North Zone Inter-University Karate Championship (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Karate Championship (Men & Women)
<b>Event Date</b>	19 <sup>th</sup> to 21 <sup>th</sup> January, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Chandigarh University
<b>Participants</b>	Students
<b>Student Engagement</b>	05

### **About the Event:**

North Zone India Inter-University Karate Championship for Men & Women was organized at Chandigarh University, 19<sup>th</sup> to 21<sup>th</sup> January, 2025. 05 students from the Department of Physical Education represented IIMT University. The event served as a great platform for young martial artists to showcase their talent and represent their universities with pride.

The details of the student represented by the University are given below:

Sr. No.	Name	Course
1	MS. PRIYENSHI CHHONKAR	BPES
2	MS. BHAWNA SINGH	BPES
3	MR. SHEKHAR GUMANI	BPES
4	MR. SUNNY MALIK	BPED
5	MR. EKANT KUMAR	BPES

### **Outcomes:**

The championship witnessed intense competition across multiple weight categories and kata events. Many participants delivered outstanding performances, with several new talents emerging in both men's and women's divisions. The winning universities earned well-deserved recognition, while all athletes displayed great spirit and determination.

### **Closing remarks-description:**

As we conclude the North Zone India Inter-University Karate Championship, appreciation goes to our university team, whose strong and skillful performance made us very proud. Their dedication and determination were clearly visible on the mat, reflecting the true spirit of karate.

**Appendix (includes photographs, brochure):**



North Zone Inter-University Karate Championship (Men & Women)



## All India Inter-University Football Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Football Championship (Men)
<b>Event Date</b>	28 <sup>th</sup> Jan to 07 <sup>th</sup> Feb, 2025
<b>Number of Days</b>	10
<b>Venue</b>	CSJMU, Kanpur
<b>Participants</b>	Students
<b>Student Engagement</b>	18

### About the Event:

IIMT University's Football team participated in the All India Inter-University Football championship for men, which was hosted by CSJMU, Kanpur from 28<sup>th</sup> Jan to 07<sup>th</sup> Feb, 2025. The highlight of our participation in the AIU Level competition came from football team which clinched the bronze medal in a highly competitive field. This remarkable achievement is a testament to the hard work, tactical discipline and resilience of the players and coaching staff. The team's excellent defensive strategies and attacking brilliance played a significant role in their success. Winning the bronze medal at such a prestigious level reflects the progress and potential of the football team and has boosted the morale of the entire sports department.

Team IIMT University's participants' details are mentioned below:

Sr. No.	Name	Course
1	MR. MANIK BALIYAN	BPES
2	MR. AYUSH TIWARI	PGDYE
3	MR. VIVEK TEOTIA	BPES
4	MR. RISHAB GIRI	PGDYE
	MR. SHASHANK RANA	MPES
6	MR. NISHANT GUSAI	BPED
7	MR. NISCHAL LEKHAK	PGDYE

8	MR. SATYAM VIVEK	PGDYE
9	MR. RAJNISH	PGDYED
10	MR. TANMAY MAUNI	PGDYE
11	MR. MILIND NEGI	BPED
12	MR. KUSHAGRA CHAUDHARY	BPES
13	MR. PRANANJAY SINGH	BPED
14	MR. PIYUSH BHANDARI	PGDYE
15	MR. HARSH CHHIMWAL	BPED
16	MR. YAMAN SINGH	PGDYE
17	MR. NIKHIL MANHAS	BPED
18	MR. AKASH BARMAN	BPED

**Outcomes:**

The football team proudly participated in the All India Inter-University Football Championship for men, competing against some of the best university teams from across the country. The tournament was highly competitive, testing the skills, teamwork, and endurance of all participating teams.

**Closing remarks-description:**

This success not only brought honor to our institution but also boosted the players' confidence and motivation for future competitions. Overall, the event was a valuable experience that highlighted the team's potential and commitment to excellence in football.

**Appendix (includes photographs, brochure):**



## **All India Inter-University Winter Game (Ice Stock Sport) Championship (Men)**

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Winter Game (Ice Stock Sport) Championship (Men)
<b>Event Date</b>	30 <sup>th</sup> to 31 <sup>th</sup> January, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Central University, Kashmir
<b>Participants</b>	Students
<b>Student Engagement</b>	05

### **About the Event:**

All India Inter-University Winter Game (Ice Stock Sport) Championship for Men's was organized at Central University, Kashmir From 30<sup>th</sup> to 31<sup>th</sup> January, 2025. 05 students from the Department of Physical Education represented IIMT University. Our Students Demonstrated outstanding skill, determination, and sportsmanship throughout the tournament. They participated in 4 to 6 highly competitive matches and secured the Bronze medal after a series of impressive victories.

The details of the student represented by the University are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. SAWANT SHUBHAM VIKAS	BPES
2	MR. AKASH	BPED
3	MR. PREET JANGID	BPED
4	MR. GAURAV YADAV	BPES
5	MR.ABHISHEK SHARMA	MPES

### **Outcomes:**

All India Inter-University Winter Game (Ice Stock Sport) Championship was a good platform for the university students. 05 students from IIMT University participated in this tournament. It was nice experience and exposure for the student to compete at this level.

**Closing remarks-description:**

Overall, the event was a rewarding experience, and we look forward to continued growth and greater accomplishments in future Winter Games.

**Appendix (includes photographs, brochure):**

All India Inter-University Winter Game (Ice Stock Sport)



## North Zone Inter-University Cricket Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Cricket Championship (Men)
<b>Event Date</b>	10 <sup>th</sup> to 19 <sup>th</sup> February, 2025
<b>Number of Days</b>	10
<b>Venue</b>	Delhi University, Delhi
<b>Participants</b>	Students
<b>Student Engagement</b>	16

### **About the Event:**

The All India Inter-University Cricket Championship for men was hosted by Delhi University, Delhi from 10<sup>rd</sup> to 19<sup>th</sup> February, 2025. A team of sixteen members represented IIMT University. IIMT University faced a challenging start to losing their opening match despite showing moments of promising performance. The opposition put up a strong total/bowled a tight spell (based on match details), making it difficult for the team to gain momentum.

The participants of IIMT University are listed below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. PREET JANGID	BPED
2	MR. MOHD. SHAQUIB	BNYS
3.	MR. SURYANSH TYAGI	PGDYED
4	MR. SHAILESH SINGH THAKUR	.BPES
5	MR. KUNAL SHARMA	BPES
6	MR. SAHIL CHAND	BPES
7	MR ANSHU KUMAR	BTECH
8	MR. VANSH RASTOGI	B PHARM
9	MR. AMIT KUMAR	BPED
10	MR. GUSHAN	BPES

11	MR. DEEPAK PARASHAR	BPED
12	MR. RITIK VERMA	.BPED
13	MR. AMAN KUMAR SINGH	BPED
14	MR. HARSH CHAUHAN	BPED
15	MR. SHOHRAB KHAN	BPED
16	MR. SHADMAN	BPT

**Outcomes:**

Our university team played with great spirit and determination but unfortunately lost the first match. Despite the setback, the players showed resilience and valuable lessons that will help them grow stronger in future games. The championship overall featured some thrilling matches and outstanding performances from many teams.

**Closing remarks-description:**

Though the outcome was not in our favor this time, we are proud of our team's effort and fighting spirit. Every experience is an opportunity to learn and improve. Congratulations to all participating teams for their hard work and sportsmanship. Thanks to the organizers, coaches, and officials for a well-run event. We look forward to coming back stronger in the next championship.

**Appendix (includes photographs, brochure):**



North Zone Inter University Kabaddi Championship (Women)

## **All India Inter-University Squash Rackets Championship (Men)**

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Squash Rackets Championship (Men)
<b>Event Date</b>	18 <sup>th</sup> to 20 <sup>th</sup> February, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Somaiya Vidyavihar University, Mumbai
<b>Participants</b>	Students
<b>Student EngagemenIt</b>	05

### **About the Event:**

All India Inter-University Squash Rackets Championship for Men's was organized at Central University, Kashmir From 18<sup>th</sup> to 20<sup>th</sup> February, 2025. 05 students from the Department of Physical Education represented IIMT University. The IIMT University team performed strongly in the initial rounds of the competition, displaying skill, coordination, and determination. The players successfully advanced through the first and second rounds, overcoming tough challenges from competing institutions. In the third round, however, the team faced a formidable opponent and despite their best efforts, they were narrowly defeated. The matches were closely contested, and our players demonstrated resilience and commitment throughout.

The details of the student represented by the University are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. SAWANT SHUBHAM VIKAS	BPES
2	MR. AKASH	BPED
3	MR. PREET JANGID	BPED
4	MR. GAURAV YADAV	BPED
5	MR. ABHISHEK SHARMA	MPES

### **Outcomes:**

The event was a testament to high-level competition, skill, and sportsmanship. Our players competed fiercely, demonstrating excellent technique, agility, and strategic play throughout the matches. The championship provided an excellent platform for athletes to gain exposure and experience at the national level

### **Closing remarks-description:**

Overall, the event was a great success in promoting squash as a competitive sport among universities. We commend all participants for their dedication and hard work and look forward to continued growth and accomplishments in university-level squash.

### **Appendix (includes photographs, brochure):**

## ALL INDIA UNIVERSITY SQUASH TOURNAMENT 2024-2025





## North Zone Inter-University Basketball Championship (Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	North Zone Inter-University Basketball Championship (Women)
<b>Event Date</b>	24 <sup>th</sup> Feb to 01 <sup>th</sup> March, 2025
<b>Number of Days</b>	05
<b>Venue</b>	K.U., Kurushetra
<b>Participants</b>	Students
<b>Student Engagement</b>	12

### About the Event:

The Basketball women's team of IIMT University participated in the North Zone Inter-University Basketball Women Championship. The K.U. Kurushetra, was the host for this tournament which was organized from the 24<sup>th</sup> Feb to 01<sup>th</sup> March, 2025. The girls made us proud by their performance throughout the tournament.

The details of the team members are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MS. ANJALI	BPED
2	MS. BHUMIKA PATEL	BTECH
3	MS. MONIKA PATEL	BBA
4	MS. PRACHI CHANDLA	BPED
5	MS. MATRIKA SHARMA	BPED.
6	MS. DIVYA	BPED
7	MS. KUMKUM SHREE	BPED
8	MS. NISHA BALIYAN	BBA
9	MS. PRIYANSHI CHAUHAN	BPES
10	MS. NIDHI KUMARI SINGH	BPED
11	MS. ANJALI YADAV	BNYS

12	MS. VANSHIKA	BCOM
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**Outcomes:**

The women’s basketball team of IIMT University participated with great enthusiasm and determination in the North Zone Inter-University Basketball Women Championship. The team displayed strong teamwork, skillful play, and resilience throughout the tournament, gaining valuable experience against competitive opponents. Their performance boosted team morale and highlighted the growing talent within the university’s sports program.

**Closing remarks-description:**

Overall, the championship was an important step in enhancing the team’s abilities and encouraging more participation in women’s basketball. We commend the players for their hard work and dedication and look forward to their continued success in future competitions.

**Appendix (includes photographs, brochure):**





## All India Inter-University Target ball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Target ball Championship (Men)
<b>Event Date</b>	03 <sup>rd</sup> to 05 <sup>th</sup> of March, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Jai Minesh adhivasi University, Kota
<b>Participants</b>	Students
<b>Student EngagemenIt</b>	12

### About the Event:

The Target ball team of IIMT University participated in the All India Inter-University Target ball Championship for men. The tournament was organized in Suresh Gyan Vihar University, Jaipur. The tournament was held from the 03<sup>th</sup> to 05<sup>th</sup> of January, 2025. A team of 12 members got an opportunity to represent the University. The All India Inter-University Target Ball Championship for Men has successfully concluded, bringing together the best athletes from across the country.

The details of the team members are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. VINAY VERMA	BPED
2	MR. SHAGUN CHAUDHARY	BPED
3	MR. VIPUL DHAMA	BPED
4	MR. PRATHAM	BPES
5	MR. LAVNEET TYAGI	BPES
6	MR. HARSHIT	BPES
7	MR. BHAVY KAUSHIK	BPED
8	MR. NITIN KUMAR YADAV	BPED
9	MR. YASH TEOTIYA	BPED
10	MR. SUNNY MALIK	BPED

11	MR. RAHUL SHARMA	BPED
12	MR. MOHD SUBHAN	MPES

**Outcomes:**

The championship saw intense competition, with athletes demonstrating exceptional accuracy and composure under pressure. The winners displayed remarkable talent, while all participants contributed to a high level of sportsmanship and competitiveness, making this event a memorable one.

**Closing remarks-description:**

Target ball has set a high benchmark, and to those who didn't win, your effort and spirit were truly commendable. We hope this championship has inspired all participants and helped build greater unity among universities.

**Appendix (includes photographs, brochure):**

All India Inter-University Target ball Championship (Men)



## All India Inter-University Circle style Kabaddi Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Circle style Kabaddi Championship (Men)
<b>Event Date</b>	18 <sup>th</sup> to 20 <sup>th</sup> of March, 2025
<b>Number of Days</b>	02
<b>Venue</b>	Chaudhary Bansi Lal University, Bhiwani
<b>Participants</b>	Students
<b>Student Engagement</b>	13

### **About the Event:**

All India Inter-University Circle style Kabaddi Championship for Men was hosted by Chaudhary Bansi Lal University, Bhiwani from the 18<sup>th</sup> to 20<sup>th</sup> of March, 2025. Team IIMT University won its first match which was a nail-biting competition between both teams, the match was appreciated by all the viewers, and they congratulated both teams for their performance, but the team could not qualify for the next round.

IIMT University's team's details are mentioned below:

Sr. No.	Name	Course
1	MR. ROBIN	BPES
2	MR. SIDDHARTH	BPES
3	MR. KARTIK VERMA	BPED
4	MR. MOHD FARHAN	BA LLB
5	MR. AKASH	BPED
6	MR. MOHD SAEF	BSC NURSING
7	MR. NIKHIL RANA	B PHARMA
8	MR. RISHABH BANSLA	B PHARMA
9	MR. RASHID	BSC NURSING

10	MR. RAJA DEEPANSHU	BSC NURSING
11	MR. HIMANSHU PUNDEER	BPED
12	MR. AKASH TEVATHIYA	BPED
13	MR. VIKRANT KUMAR	BCA

**Outcomes:**

The competition provided valuable experience and helped improve the players' tactical understanding and physical endurance. Their dedication and spirit were evident in every match, reflecting the team's commitment to excellence.

**Closing remarks-description:**

In closing, the championship was a significant milestone for the team and the institution, fostering sportsmanship and camaraderie among participants. We applaud the team's hard work and achievements and look forward to their continued growth and success in upcoming tournaments.

**Appendix (includes photographs, brochure):**





## All India Inter-University Kickboxing Championship (Men/Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Kick Boxing Championship (Men/Women)
<b>Event Date</b>	21 <sup>th</sup> to 25 <sup>th</sup> of March, 2025
<b>Number of Days</b>	04
<b>Venue</b>	Swami Vivekananda Subharti University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	08

### About the Event:

This year, IIMT University proudly participated in the championship with a contingent of eight students, representing the university across multiple weight categories and divisions. The performance of IIMT University's kickboxing team was commendable and highlighted the dedication, training, and fighting spirit of the athletes. Among the outstanding performances.

Harsh Panwar and Aditya Makowal secured the Gold Medal, and Harsh Kaushik earned a Silver Medal, with strong and consistent performances, narrowly missing the top spot in a closely contested final.

The participants from IIMT University are listed below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. HARSH PANWAR	BPED.
2	MR. ADITYA MAKOWAL	BPED
3	MR. SIDDHARTH SWAMI	BPED
4	MR. DEEPENDER CHAUDHARY	BSC (Agr.)
5	MR. VIVEK BALDHANIYA	BA
6	MR. HARSH KAUSHIK	BPES
7	MR. GAURAV YADAV	BPES
8	MR. DEVKANT SHARMA	BPT

**Outcomes:**

All India Inter-University Kick Boxing Championship was a good platform for the university students. It was nice experience and exposure for the students to contend at this level. The Medal won by Harsh Panwar, Harsh Kaushik, and Aditya Makowal brought pride to IIMT University and reflected the growing strength of the University's sports programs.

**Closing remarks-description:**

The successful participation of IIMT University in the AIU Kickboxing Championship underscores the institution's commitment to nurturing athletic talent alongside academic excellence.

**Appendix (includes photographs, brochure):**





## ZEST 1.0 ANNUAL SPORTS FEST (2025)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Zest 1.0 Annual Sport Fest (2025)
<b>Event Date</b>	28 <sup>th</sup> March to 01 <sup>st</sup> of April, 2025
<b>Number of Days</b>	05
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student EngagemenIt</b>	676

### **About the Event:**

ZEST Sports fest is an electrifying celebration of athleticism, teamwork, and competitive spirit. These high-energy events bring together sports enthusiasts to showcase their skills in four thrilling games Kabaddi, Football, Volleyball, and basketball. Designed to foster camaraderie and sportsmanship, Zest Sport Fest offer participants a platform to compete, excel and embrace the true essence of sports. Whether it's the strategic raids of kabaddi, the power full spikes of volleyball, or the fast-paced action of basketball, fast goal on football, this fest promises excitement, determination, and unforgettable moments on the field.

### **Objective:**

- To encourage student participation in sports and physical activities.
- To promote teamwork, discipline, and leaderships among participants.
- To encourage student participation in sports and physical activities.
- To promote teamwork, discipline, and leadership among participation.

### **Tournament Format:**

- **Basketball:** knockout
- **Volleyball:**Knockout
- **Kabaddi:** Knockout
- **Football:**Knockout

### Event Highlights and Outcomes:

**Football:** The football tournament saw high-energy matches between well-prepared teams. With impressive teamwork and strategy, the final match ended in a thrilling penalty shootout. There were **13 Teams** in the football tournament and conducted by Mr.Sddharth Rathi. Total particepents was (208).

### After a series of thrilling games, the boys' teams' final results were:

- **First Position** :Meerut Sporting
- **Second Position** :IIMTU Sporting

Meerut Sporting Winner (21 thousand rupees) and IIMTU Sporting runner -up (11 thousand rupees) in the football boys competition.

### Appendix (includes photographs, brochure):



**Volleyball:** The Volleyball tournament, a key event of the Zest 1.0 Annual Sports fest, was successfully organized under the leadership of Mr. Shubham. The tournament witnessed enthusiastic participation from 12 boys' teams, showcasing excellent sportsmanship and competitive spirit. Total participants are in Volleyball (144).

**After a series of thrilling games, the boys' teams' final results were:**

- **First Position :**Nikki Sadarpur
- **Second Position :**IIMTU Sporting

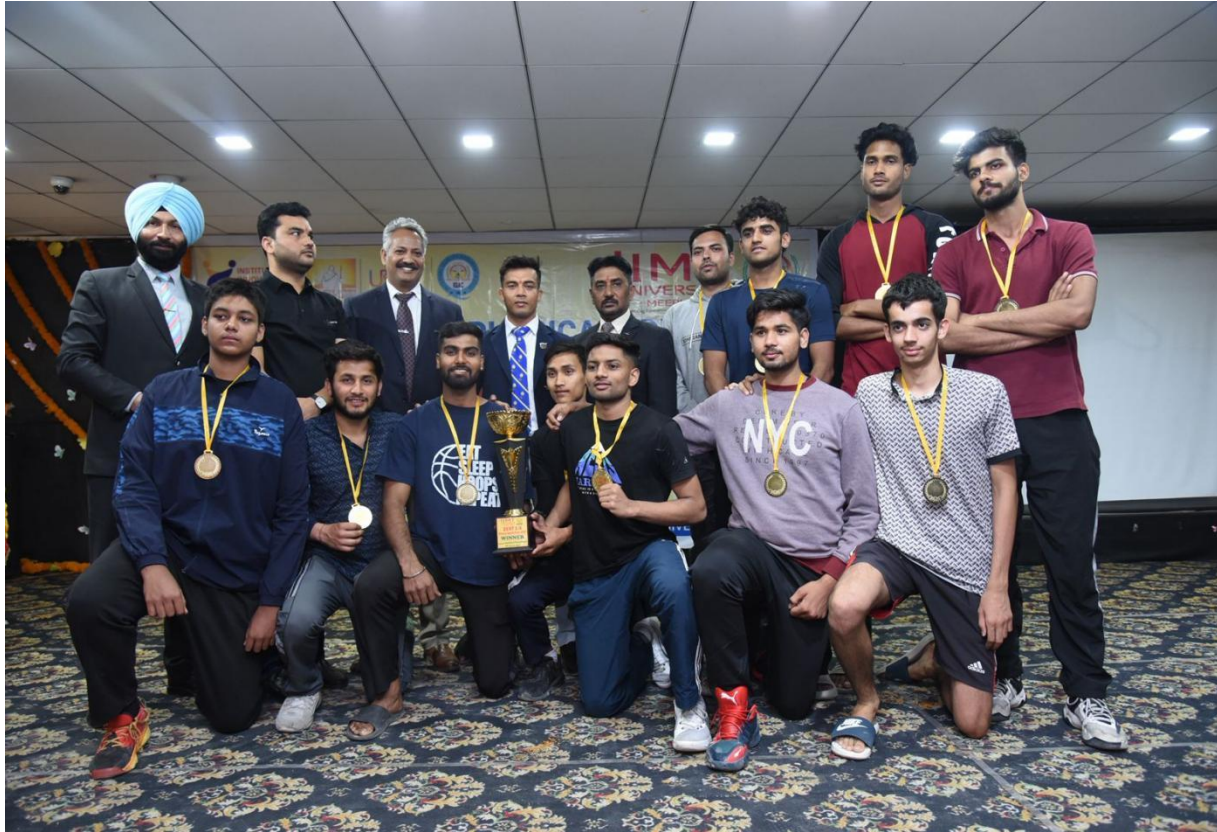
**Nikki Sadarpur** was the winner (Rs 7100) and **IIMTU runner -up** (Rs 4100) in Volleyball.

**Appendix (includes photographs, brochure)**





Zest 1.0 Annual Sports fest (2025)



**Kabaddi:** As part of the Zest 1.0 Annual Sports fest, a Kabaddi Tournament was successfully organized under the supervision of Mr. Rahul. The event featured the participation of 09boys, and 6girlsteams, each displaying exceptional strength, strategy, and sportsmanship. The competition followed a Knockout format. Total participants are in Kabaddi (180).

**After a series of thrilling games, the boys and girls teams final results were:**

**Men's Kabaddi Results:**

- **First Position:** IIMT Robin
- **Second Position:** Mohit military

**Women's Kabaddi Results:**

- **First Position:** SDA Academy Dehli
- **Second Position:** Baghpat runner –up

IIMT Robin Winner (Rs 5100) and Mohit military runner -up (Rs 3100) in the kabaddi boys competition. SDA Academy Dehli was the winner (Rs 4100) and Baghpat runner -up (Rs 3100) in the kabaddi girls competition.

**Appendix (includes photographs, brochure):**

Zest 1.0 Annual Sport Fest (2025)





Zest 1.0 Annual Sport Fest (2025)





**Basketball:** The Basketball Tournament, a major attraction of Zest 1.0 Annual Sports fest, was efficiently conducted under the guidance of Mr. Shashank . A total of 07 boys' and 5 Girls teams participated in the tournament. The matches were conducted in a knockout format. Total participants are in Basketball (144).

**After a series of thrilling games, the boys and girls teams final results were:**

**Men's Basketball Results:**

- **First Position:** Kulwant Killer Winner
- **Second Position:** Subharti University

**Women's Basketball Results:**

- **First Position:** Stadium Girls Meerut
- **Second Position:** IIMTU

Kulwant Killer Winner (Rs.11thousand) and runner-up Subharti University (Rs.7100) in Basketball Boys Competition. Stadium Girls Meerut winner (Rs 3100) and IIMTU runner-up (Rs. 2100) in Basketball Girls competition.

Appendix (includes photographs, brochure):



Zest 1.0 Annual Sport Fest (2025)

Closing remarks-description:

The annual sports festival held at IIMT University Meerut, Zest 1.0 saw a tough struggle between the players of basketball, volleyball, football and kabaddi. The winning-virtuous teams and players were rewarded at the closing ceremony of the games on Monday.

The Chief Guest of the closing ceremony held in the main auditorium of IIMT University, Subedar, **Uchit Sharma** (Silver medal twice in the World Championship and 13 times International Medal, Indian Army Best Sportsman 2018-19) was welcomed by Dr. Harshit Sinha, Dr. Harshit Sinha. Dr. VS Patiyal, Dean, Department of Physical Education, thanked all the guests in the welcome address. After this, Dr. Harshit Sinha encouraged the players by praising the sportsmanship.

**Special awards** were given to the players who performed the best in the sports festival. In kabaddi, the best raider **Varun** and **Muskan** and Best defender **Robin** and **Guddan** were. Football was the best goalkeeper **Vivke Tewatia**, Best Player **Rishabh Giri**, Best Forward **Lalit Kumar**. Best player **Nikki**, Best Attacker **Santie** became in volleyball. Basketball MVP **Vishal** and **Anshika** and best shooters **Rishant** and **Anjali** were.

The stage was conducted by Dr. Kanhaiya Kumar. Dr. Sangeeta Singh thanked all the guests. Dr. Deepshikha, Dr. Poonam, Dr. Awadhesh, Dr. Santosh, Dr. Rajneesh, Dr. Deepak, Pranav, Pooja and Media in -charge Sunil Sharma were specially contributed to the Sports Festival.

The sports festival was attended by teams from colleges in Swami Vivekananda Subharti University, MIET College, Sardar Vallabh Bhai Patel Agricultural University of Meerut and teams from colleges from Ghaziabad, Barout, Baghpat, Muzaffar nagar and Shamli. The competition was attended by 15 teams in Kabaddi, 12 in volleyball, 11 in basketball and 13 in football.

Photo Introduction- At the closing ceremony of the annual Sports Festival Zest 1.0 held at IIMT University, Meerut, Chief Guest Subedar Uchit Sharma rewarded the winning teams.

## All India Inter University Power Lifting Competition (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Power Lifting Competition (Men&Women)
<b>Event Date</b>	03 <sup>rd</sup> to 07 <sup>th</sup> of April, 2025
<b>Number of Days</b>	05
<b>Venue</b>	University of Kashmir
<b>Participants</b>	Students
<b>Student Engagemen1t</b>	04

### **About the Event:**

University of Kashmir, Kashmir hosted the All India Inter-University Power Lifting Championship for Men & Women from 03<sup>th</sup> to 07<sup>th</sup> of April, 2025. A team of 04 members' three boys and one girl from IIMT University represented this tournament. Our athletes participated with great determination and showcased impressive power and skill throughout the competition. Their hard work and rigorous training were evident in their performances, and several participants achieved personal bests, reflecting significant progress.

Below listed were the members of the University team:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. ABHISHEK KUMAR PUSHANKAR	BPES
2	MR. VIKAS YADAV	B.Pharma
3	MR. PURSHOTTAM KUMAR	B.Pharma
4	MS. BHAVNA SINGH	BPES

### **Outcomes:**

The outcomes of the competition were highly encouraging, with our team demonstrating resilience and sportsmanship. The experience provided invaluable exposure to national-level competition and

helped athletes identify areas for further improvement. Overall, the event contributed to the growth of power lifting in our institution and motivated the team to aim for higher achievements.

**Closing remarks-description:**

All India Inter-University Powerlifting Competition was a successful and inspiring event that highlighted the strength and dedication of our athletes. We congratulate all participants for their commendable efforts and look forward to their continued progress and success in future competitions.

**Appendix (includes photographs, brochure):**



## All India Inter-University Drop Roball Championship (Men)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	All India Inter-University Drop Roball Championship (Men)
<b>Event Date</b>	06 <sup>th</sup> to 09 <sup>th</sup> of April, 2025
<b>Number of Days</b>	03
<b>Venue</b>	LNCT University, Bhopal
<b>Participants</b>	Students
<b>Student EngagemenIt</b>	01

### **About the Event:**

All India Inter-University for Drop Roball Championship was organized by LNCT University, Bhopal from 06<sup>th</sup> to 09<sup>th</sup> of April, 2025 for men at Bhopal. Mr. Vinay a student from B. Tech participated in this event. The event showcased high levels of athleticism, coordination, and team strategy.

The details of the student participated are given below:

<b>Sr. No.</b>	<b>Name</b>	<b>Course</b>
1	MR. VINAY	B. TECH

### **Outcomes:**

Drop Roball is a new sport so students have the opportunities to learn this sport and they can easily compete at higher level. This sport is recently included in the AIU sports and our student Mr. Vinay grabbed this opportunity to participate in this tournament.

### **Closing remarks-description:**

The championship served as a valuable platform for our athletes to gain exposure, build confidence, and push their limits. We congratulate the team for their outstanding performance and look forward to continued growth and success in future competitions.

### **Appendix (includes photographs, brochure):**



## Volleyball Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Volleyball (Men & Women)
<b>Event Date</b>	18 <sup>th</sup> April, 2025
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	90

### **About the Event:**

The Inter-college Volleyball Tournament on 18<sup>th</sup> April, 2025. The event featured both men's and women's categories. The event brought together talented players from different departments, creating an atmosphere of sportsmanship, energy, and enthusiasm. A total of 08 men's teams and 01 woman's teams representing various colleges within the University took part in the tournament. The competition format included a knockout stage followed by semi-finals and finals.

The event was well-coordinated, with all fixtures and match protocols smoothly executed under Mr. Shubham, a respected Volleyball coach, whose expertise and fair judgment ensured the smooth conduct of all matches. Assisting in the organization and management were BPED 2<sup>nd</sup>-year students Sidharth Tomar and Priyanshi Singh, who played a crucial role in maintaining discipline and coordinating between teams.

### **Men's Volleyball Results:**

- First Position : Team (BPED)
- Second Position: Team BPES

### **Women's Volleyball Results:**

- First Position :Team (BPED)

### **Outcomes:**

The tournament encouraged Inter-departmental bonding and promoted a healthy competitive spirit among students. The event concluded on a high note, leaving students motivated and eager for future sporting opportunities.

**Closing remarks-description:**

The Inter-College Volleyball Tournament was not only a celebration of athleticism but also a testament to the unifying power of sports. The tournament concluded with a prize distribution and closing ceremony presided over by the honourable Pro Vice-Chancellor (PVC) Sir. In his address, he congratulated all the participants and appreciated the efforts of the physical education department.

**Appendix (includes photographs, brochure):**



**DEPARTMENT OF PHYSICAL EDUCATION**  
organizing  
**INTER COLLEGE VOLLEYBALL TOURNAMENT**  
(MEN & WOMEN)

**For Further Details**  
Contact : 7248019396  
8979463638

**DATE : FRIDAY, 18 APRIL 2025**  
**TIME : 01:30 PM ONWARDS**  
**VENUE : VOLLEYBALL COURT**

[www.iimtu.edu.in](http://www.iimtu.edu.in) [/iimtu.official](https://www.instagram.com/iimtu.official) [/IIMTU](https://www.facebook.com/IIMTU) [/IIMT\\_U](https://www.twitter.com/IIMT_U) [/IIMTUNIVERSITYMEERUT](https://www.youtube.com/IIMTUNIVERSITYMEERUT)

Inter-College Volleyball, (Winner and Runner-up team)





## Yoga Inter-College (Men & Women)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Inter-College Yoga (Men & Women)
<b>Event Date</b>	16 <sup>th</sup> May, 2025
<b>Number of Days</b>	01
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagemen1t</b>	13

### **About the Event:**

The Inter-college Yoga Tournament on 16<sup>th</sup> May, 2025. The event featured both men's and women's categories. The event brought together talented players from different departments, creating an atmosphere of sportsmanship, energy, and enthusiasm. A total of 07 men's and 06 woman's representing various colleges within the University took part in the tournament.

### **Yoga Men's Results (Individual):**

- First Position : Kuldeep Singh (P.E.)
- Second Position : Shagun Chaudhary (P.E.)
- Third Position : Sawant Shubham Vikas (P.E.)

### **Yoga Women's Results (Individual):**

- First Position : Shalini Botang (Life S.)
- Second Position : Nidhi Singh (P.E.)
- Third Position : Tanya (B.C.A)

### **Outcomes:**

The tournament encouraged Inter-departmental bonding and promoted a healthy competitive spirit among students. The event concluded on a high note, leaving students motivated and eager for future sporting opportunities.

### **Closing remarks-description:**

The Inter-College Volleyball Tournament was not only a celebration of athleticism but also a testament to the unifying power of sports. The tournament concluded with a prize distribution and

closing ceremony presided over by the honourable Dean Physical Education Department Dr. V.S. Patial. In his address, he congratulated all the participants and appreciated the efforts of the physical education department.

**Appendix (includes photographs, brochure):**



Yoga Inter-College (Men & Women)



Yoga Inter-College (Men & Women)



## Meerut Khel Mahotsav (2025)

<b>Department Name</b>	Department of Physical Education
<b>Event Name</b>	Meerut Khel Mahotsav (2025)
<b>Event Date</b>	29 <sup>th</sup> May to 31 <sup>st</sup> of May, 2025
<b>Number of Days</b>	03
<b>Venue</b>	IIMT University, Meerut
<b>Participants</b>	Students
<b>Student Engagement</b>	1153

### About the Event:

Meerut Khel Mahotsav is an electrifying celebration of athleticism, teamwork, and competitive spirit. These high-energy events bring together sports enthusiasts to showcase their skills in many thrilling games Kabaddi, Football, Volleyball, Kho-Kho, Basketball, Tug of war, Cricket, and Cross country. Designed to foster camaraderie and sportsmanship, Meerut Khel Mahotsav offer participants a platform to compete, excel and embrace the true essence of sports. Whether it's the strategic raids of kabaddi, the power full spikes of volleyball, or the fast-paced action of basketball, fast goal on football, this fest promises excitement, determination, and unforgettable moments on the field.

### Objective:

- To encourage student participation in sports and physical activities.
- To promote teamwork, discipline, and leaderships among participants.
- To foster a spirit of healthy competition and discipline.
- To identify talented athletes and promote sports culture.
- To provide a platform for students to showcase their skills in various sports.
- To strengthen team-building and leadership qualities through competitive game.

### Tournament Format:

- **Kho-Kho** :Knockout
- **Volleyball** :Knockout
- **Kabaddi** :Knockout

- **Football** : Knockout
- **Basketball** : knockout
- **Tug of war** :Knockout
- **Cricket** :Knockout
- **Cross country**

### **Event Highlights and Outcomes:**

Participation from 1153 students made this one of the largest sports gatherings in recent years. Organized in a professional manner with timely matches and fair play. Presence of guest dignitaries, sports coaches, and alumni to encourage participants. Special acknowledgement of volunteers and referees for smooth execution.

**Kho-Kho:**The Meerut Khel Mahotsav witnessed an exciting and energetic display of sportsmanship and teamwork during the Kho-Kho competition with great enthusiasm. The event featured spirited participation from teams across various districts, showcasing the popularity and competitive spirit of Kho-Kho in the region.

### **After a series of thrilling games, the boys and girls teams final results were:**

#### **Men's Kho-Kho Results:**

- **First Position:** Ghaziabad bulls
- **Second Position:** Balgram

#### **Women's Kho-Kho Results:**

- **First Position:** LNP club
- **Second Position:** Sikhrot club

Total of 13 teams participated in the boys' category, and in the girls' category, 8 teams took part in the tournament. Ghaziabad bulls emerged victorious after a series of hard-fought matches and won 11,000 cash prize. Ballram team secured the second position (5,100). In the girls category LNP club was the winner (11,000) and Sikhrot club runner-up (5,100) in the Kho-Kho girls' competition.

### **Appendix (includes photographs, brochure):**



Meerut Khel Mahotsav (2025)





**Volleyball:** The Volleyball Tournament under the **Meerut Khel Mahotsav** was conducted with great enthusiasm and sportsmanship. The event witnessed active participation and competitive spirit among all the teams. A total of **09 boys' teams** participated in the tournament. The matches were intense and showcased commendable skills and teamwork.

**After a series of thrilling games, the boys and girls teams final results were:**

#### **Men's Volleyball Results:**

- **First Position:** Aditya Rana Club
- **Second Position:** IIMT (Sunny)

#### **Women's Volleyball Results:**

- **First Position:** Kailash Prakash Stadium Team
- **Second Position:** Radha Govind Team

**Outcome:**

The event concluded successfully, promoting unity, fitness, and sporting spirit among youth. The organizers appreciated the efforts of all the participants, coaches, and officials for making the tournament a grand success.

**Appendix (includes photographs, brochure):**





Meerut Khel Mahotsav (2025)



**Kabaddi:** The Kabaddi Tournament held under the **Meerut Khel Mahotsav** was a thrilling display of strength, strategy, and sportsmanship. The event drew significant attention and active participation from local teams. A total of **06 boys' teams** participated in the tournament. The matches were fiercely competitive, and the players demonstrated remarkable skill and determination. In the girls' segment, **04 teams** participated and exhibited impressive energy and team coordination throughout the matches.

**After a series of thrilling games, the boys and girls teams final results were:**

### **Men's Kabaddi Results:**

- **First Position:**Arjun Gujjar Team
- **Second Position:**Rohit (IIMT)

### **Women's Kabaddi Results:**

- **Winner:**IIMT (Captain – Meena)
- **Second Position:**SBS, Baghpat Team

### **Outcome:**

The tournament concluded on a high note, celebrating the spirit of sports and unity. Organizers appreciated the efforts of all players, coaches, and officials for their valuable contributions to the successful execution of the event.

### **Appendix (includes photographs, brochure):**





**Football:**In the Meerut Khel Mahotsav football event witnessed energetic participation from 08 teams across the region.Matches were played with great enthusiasm, showcasing teamwork, stamina, and strategic gameplay.Spectators enjoyed highly competitive matches and vibrant sportsmanship throughout the event.The final match between **Chanda FC** and **ABCd FC** was a thrilling encounter, drawing large crowds and excitement.

**After a series of thrilling games, the boys teams final results were:**

### **Men's Football Results:**

- **First Position:**Chanda FC
- **Second Position:**ABCD FC

**Outcome:**

The football event at the Meerut Khel Mahotsav was a resounding success, encouraging youth participation in sports and promoting community engagement. The spirited display by all eight teams highlighted the growing talent in the region, and the tournament provided a platform for players to showcase their skills on a competitive stage.

**Appendix (includes photographs, brochure):**



Meerut Khel Mahotsav (2025)

**Basketball:** In The Meerut Khel Mahotsav basketball event saw dynamic performances and high energy across all matches. Teams from various institutions competed with great enthusiasm, exhibiting skill, strategy, and sportsmanship. The girls' basketball tournament was equally competitive, with young athletes showing impressive talent and discipline. The final match was an exciting contest filled with close calls and great coordination.

After a series of thrilling games, the boys and girls teams final results were:

**Men's Basketball Results:**

- **First Position:**Subharti University
- **Second Position:**IIMT University

**Women's Basketball Results:**

- **First Position:**MPGS, Shastri Nagar
- **Second Position:**IIMT University

**Outcome:**

Meerut Khel Mahotsav provided a valuable platform for emerging basketball talent. Both boys' and girls' competitions were marked by excellent performances, strong rivalries, and inspiring sportsmanship. The event helped foster a competitive spirit and encouraged more youth to engage in physical activities and organized sports.

**Appendix (includes photographs, brochure):**



## Meerut Khel Mahotsav (2025)



**Tug of war:** The **Tug of War** event conducted under the **Meerut Khel Mahotsav 2025**. The event saw enthusiastic participation and competitive spirit from all teams involved. The event was conducted smoothly with adherence to safety and fair play guidelines. All matches drew lively audience engagement and showcased strength, teamwork, and coordination. Total Boys' Teams: 08. Total Girls' Teams: 03.

**After a series of thrilling games, the boys and girls teams final results were:**

### **Men's Tug of war Results:**

- **1st Position:** Vanasthali School
- **2nd Position:** Kanoiiya Sports Club

## Women's Tug of war Results:

- **1st Position:** New Divine School
- **2nd Position:**Prabhut Club

### Outcome:

The Tug of War event served as an excellent platform to encourage physical fitness and team spirit among youth. The enthusiastic participation from both schools and clubs reflects the growing interest in traditional strength-based sports. The event concluded successfully with positive feedback from participants and spectators alike.

### Appendix (includes photographs, brochure):



**Cricket:**Boys' Cricket Tournament held as part of the **Meerut Khel Mahotsav 2025**. The event witnessed active and enthusiastic participation from various colleges, showcasing talent, discipline, and true sportsmanship.Total Participating Teams 15. Displayed exceptional skill, coordination, and consistency throughout the tournament. Gave a commendable performance with solid teamwork and competitive spirit.

**After a series of thrilling games, the boys and girls teams final results were:**

**Men's Cricket Results:**

- **First Position:**Diwan College.
- **Second Position:**IIMT C-Block Team

**Outcome:**

The cricket tournament under Meerut Khel Mahotsav proved to be a highly engaging and successful event. It provided a great platform for young cricketers to demonstrate their abilities and fostered healthy competition among institutions. The overall atmosphere remained spirited and sportsmanlike throughout the matches.

**Appendix (includes photographs, brochure):**



Meerut Khel Mahotsav (2025)

**Cross Country:**the Cross Country Event organized as part of the **Meerut Khel Mahotsav 2025**.

The event witnessed enthusiastic participation from students across various institutions and showcased endurance, determination, and athletic spirit. The event covered a designated track with proper safety arrangements and route marking. Participation was high, and all athletes demonstrated commendable stamina and discipline.

### **Top 10 Positions**

1. **Priyanshu** – Diwan College(1st Position)
2. **Vineet**(2nd Position)
3. **Sandeep Bhati**(3rd Position)
4. **Jatin**(4th Position)
5. **Monu**(5th Position)

6. **Sachin**(6th Position)
7. **Abhishek / Abhishek Singh**(7th Position)
8. **Himanshu**(8th Position)
9. **Kapil**(9th Position)
10. **Saqib**(10th Position)

### **Highlights**

- The event was conducted successfully under proper supervision, hydration support, and medical readiness.
- The top finishers displayed remarkable athletic capability and sportsmanship.
- Spectators and fellow students cheered enthusiastically, making the event lively and engaging.

### **Outcome:**

The Cross Country event added great value to the Meerut Khel Mahotsav by promoting physical endurance and mental toughness among participants. It also highlighted emerging talent in long-distance running from various institutions

### **Appendix (includes photographs, brochure):**



## International Day of Yoga

<b>Department Name</b>	Physical Education
<b>Event Name</b>	International Day of Yoga
<b>Event Date</b>	21 <sup>st</sup> June 2025
<b>Number of Days</b>	01
<b>Venue</b>	Main Grounds, IIMT University
<b>Participants</b>	Students, Faculty, Staff, And Local Community Members
<b>Student Engagement</b>	200

### About the Event:

The Department of Physical Education, IIMT University, celebrated the **11th International Day of Yoga** with immense zeal and participation. The event aimed to promote the physical, mental, and spiritual benefits of yoga, encouraging students and faculty to embrace yoga as a way of life. With a strong focus on the UN's theme “*Yoga for One Earth, One Health*,” the session brought together over 200 participants in a united practice of yoga and mindfulness.

### Coordinator(s):

#### Faculty/Staff Coordinator(s):

Sr. No.	Name	Employee ID	Designation	School
1	Ms. Pragati Rathi	71051	Assistant Professor	Physical Education

#### Student Coordinator(s):

Sr. No.	Name	Roll No.	Course	Batch
1	Ms. Kumkum	2471005044	BPED	2024-25
2	Ms. Nidhi Kumari Singh	2471005052	BPED	2024-25

## **Agenda/Event Flow:**

**Time:** 6:45 AM Onwards

**Location:** Main Ground, IIMT University

### **Program Flow:**

#### **1. Welcome Address**

- Delivered by **Dr. Varendra Singh Patial**, Professor and Dean, Department of Physical Education.
- Emphasized the holistic benefits of yoga and its global relevance.

#### **2. Surya Namaskar (Sun Salutation)**

- Conducted by **Ms. Pragati Rathi**, Assistant Professor, Department of Physical Education.
- Helped participants energize their body and mind.

#### **3. Common Yoga Protocol (CYP) Session**

- Led by **Dr. Shipra**, Instructor from *Art of Living* along with expert guidance.
- Included:
  - **Yogasana** (for strength and flexibility)
  - **Pranayama** (for breath control and vitality)
  - **Dhyana** (meditation for clarity and peace)

#### **4. Explanation of Yoga Benefits**

- Dr. Shipra highlighted how:
  - Yogasana improves immunity and physical health.

- Pranayama detoxifies and relaxes the mind.
- Meditation reduces stress and enhances focus.

### 5. Felicitation Ceremony

- **Dr. Shipra**, *Art of Living*, was felicitated by **Dr. Varendra Singh Patial** and **Dr. Lakhwinder Singh**, Dean, Co-Curricular Affairs & Events.
- **Acharya Dr. Sudarshan Dev Sharma**, Chief Guest, was also honored for contributions to yoga awareness.

### 6. IIMT Radio Yoga Talk

- Special segment hosted by **Dr. Varendra Singh Patial** and **Ms. Pragati Rathi**, highlighting the significance of yoga in student life.

### 7. Closing Remarks and Vote of Thanks

- Delivered by **Ms. Pragati Rathi**, who reinforced the message of "*Yoga for Unity and Global Health.*"

#### Resource Person(s):

Sr. No.	Name	Designation	Institute	Mobile
1	Acharya Dr. Sudarshan Dev Sharma			

#### Outcomes:

Over 200 participants actively engaged in yoga techniques during the event, demonstrating a strong commitment to personal well-being and collective harmony. The session significantly elevated awareness about the importance of **Yogasana, Pranayama, and Meditation** as effective tools for stress management and mental clarity. The inclusive

nature of the celebration fostered community participation and enhanced inter-departmental bonding, creating a spirit of unity and shared purpose. Moreover, the event successfully inspired attendees to incorporate yoga into their daily lives, promoting a sustainable approach to physical and mental health. A special acknowledgment was extended to the *Art of Living* Foundation for their valuable contribution in spreading yoga education and guiding the participants with expertise and dedication.

### **Closing Remarks:**

The session concluded on a positive and spiritual note with a message that **yoga is more than a practice - it's a lifestyle**. The event aligned with the global vision of promoting health, unity, and inner peace through yoga.

**"Yoga is the journey of the self, through the self, to the self." – The Bhagavad Gita**

Participants left with a deeper understanding of the power of yoga and a motivation to continue the practice daily for a healthier, happier life.

### **Appendix (includes photographs, brochure):**







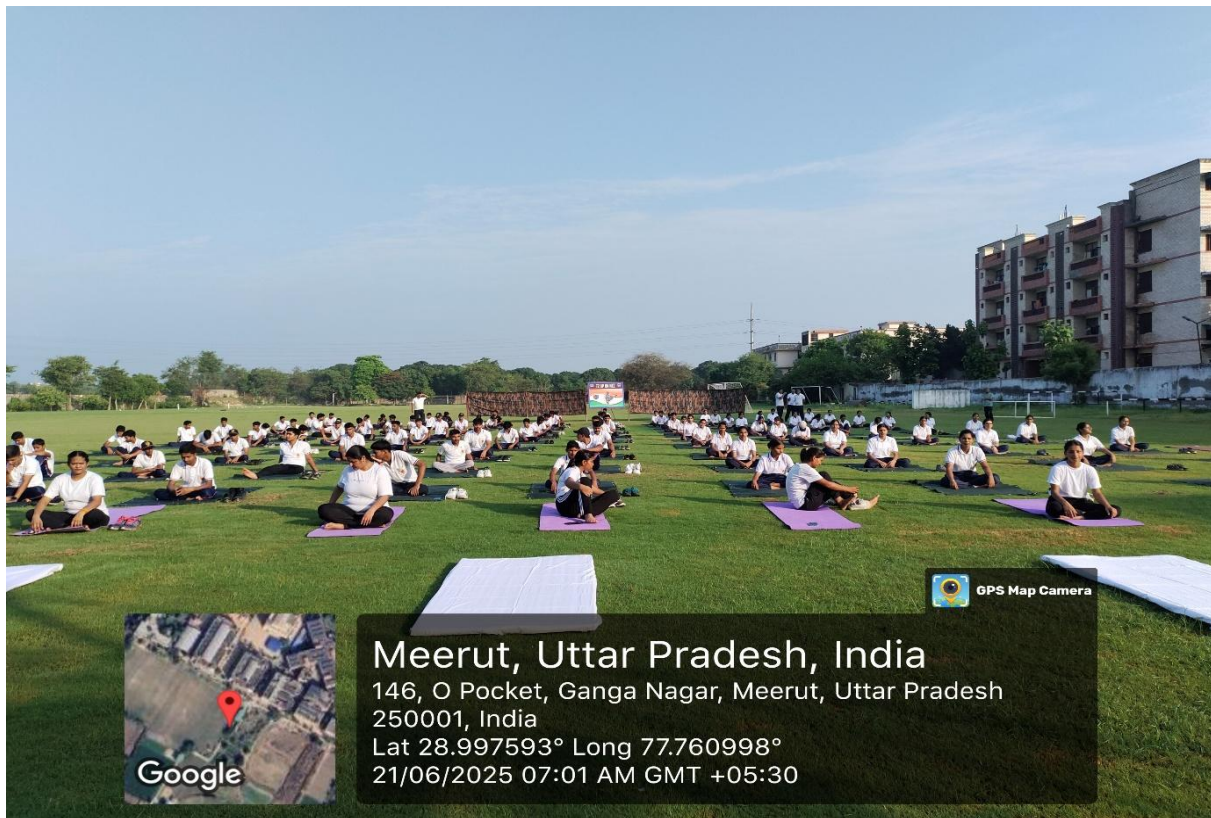


















## Olympic Day Celebration

<b>Department Name</b>	Physical Education
<b>Event Name</b>	Olympic Day Celebration
<b>Event Date</b>	23 <sup>rd</sup> June 2025
<b>Number of Days</b>	01
<b>Venue</b>	Basketball Courts, IIMT University
<b>Participants</b>	Students, Faculty and Staff Members
<b>Student Engagement</b>	15

### **About the Event:**

On the occasion of *Olympic Day* - June 23, 2025 - the Department of Physical Education at IIMT University, Meerut, organized a unique sporting event titled "**Cricket for Olympic Spirit**". This creative initiative aimed to celebrate the global Olympic movement by integrating its core values - **Excellence, Friendship, and Respect** - into a vibrant and inclusive campus activity.

Held on the university's Basketball Court, the event showcased a mixed-team cricket format that brought together teaching and non-teaching faculty members, administrative staff, and students of all genders. The event was inaugurated by the Dean of Physical Education, coordinated by the Sports Officer, and efficiently managed on ground by the university Cricket Coach. The event stood out for its inclusive spirit and symbolic representation of the unifying power of sport.

### **Coordinator(s):**

#### **Faculty/Staff Coordinator(s):**

<b>Sr. No.</b>	<b>Name</b>	<b>Employee ID</b>	<b>Designation</b>	<b>School</b>
1	Ms. Anshi Sharma	71603	Sports Officer	Physical Education
2	Mr. Rehan Siddiqui	19069	Cricket Coach	Physical Education

**Student Coordinator(s):**

Sr. No.	Name	Roll No.	Course	Batch
1	Mr. Preet Jangid		BPED	2024-25
2	Ms. Kumkum	2471005044	BPED	2024-25

**Agenda/Event Flow:**

**Theme:** *“Cricket for Olympics” – Embodying the Olympic Spirit through Inclusive Sport*

The Olympic Day Celebration at IIMT University, Meerut, commenced with the warm reception of guests, faculty members, staff, and students, creating a welcoming and enthusiastic atmosphere. The event began with opening remarks by **Dr. Varender Singh Patial, Dean of Physical Education**, who addressed the gathering and provided a brief yet impactful explanation of the significance of Olympic Day. This set the tone for the day's events, underlining the importance of embracing Olympic values such as Excellence, Friendship, and Respect.

Following the welcome, participants were introduced to the rules and objectives of the day's featured activity, the “Cricket for Olympics” matches. Mixed teams were carefully formed to ensure diversity and balance, reflecting the inclusive spirit of the Olympic movement. These teams, comprising faculty (teaching and non-teaching), staff, and students (both boys and girls), prepared to take part in a series of exciting cricket matches.

The cricket matches brought vibrant energy to the venue, as each team showcased not only their sporting skills but also their commitment to unity and sportsmanship. Laughter, cheers, and camaraderie filled the air, emphasizing the spirit of togetherness that sport naturally fosters. Throughout the games, the values of teamwork, respect for opponents, and fair play were actively promoted and observed.

The event culminated in a heartwarming concluding ceremony, where all participants gathered to celebrate the day's success. Medals were awarded to both the winning team, Team Mahadev, and the runner-up, Team Faculty, recognizing their enthusiasm and spirited performance. Senior university dignitaries delivered words of encouragement and appreciation, reinforcing the importance of such inclusive initiatives in building a vibrant and connected campus community. A sincere vote of thanks was extended to all participants, organizers, and volunteers, whose collective efforts made the Olympic Day Celebration a memorable and meaningful occasion.

### **Outcomes:**

The Olympic Day Celebration succeeded in delivering a powerful message about the inclusivity and community-building power of sport. The uniquely structured cricket matches served as a platform for:

- Promoting Olympic values of excellence, respect, and friendship.
- Encouraging participation across gender and hierarchy, enhancing the feeling of community and shared purpose.
- Reinforcing the idea that sports transcend boundaries and bring people together for a common cause.
- Providing a joyful, vibrant experience that uplifted participants and spectators alike.

### **Results:**

<b>Sr. No.</b>	<b>Winners (Team Mahadev)</b>	<b>Runners-up (IIMT Warriors)</b>
1	Mr. Ravi Kumar	Dr. Vijay Prakash
2	Mr. Jatin Kumar	Dr. Junaid Ansari
3	Mr. Nikhil Kumar	Mr. Ayush
4	Mr. Adhar	Mr. Pradeep Prakash
5	Mr. Shiv Kumar	Dr. Arun Kumar
6	Mr. Sagar Deswal	Dr. Deepak Pandey
7	Mr. Yash Teotiya	Dr. Rajnish Kumar
8	Mr. Nitin Kumar	Dr. Santosh Kumar

### **Closing Remarks:**

The event concluded with heartfelt and inspiring remarks from **Dr. Varender Singh Patial, Dean of Physical Education**. He applauded the initiative for successfully reflecting the true spirit of the Olympics within a university setting. His words emphasized:

- The importance of sports in holistic development.
- The value of community-driven, inclusive events.
- The university's ongoing commitment to fostering unity, diversity, and sportsmanship.

His address not only appreciated the planning and execution of the event but also reinforced how such celebrations contribute to a vibrant, positive, and forward-thinking university culture.

### **Appendix (includes photographs, brochure):**













